

June 8, 2025

"Go, therefore, and make disciples of all nations." (Matthew 28:19)



STS. PETER & PAUL PARISH

4309 Thomas Jefferson Parkway Palmyra, VA 22963

OFFICE HOURS

Monday-Friday 9:00am-3:00pm p: 434.589.5201 parish office f: 434.589.4463

e: office @saintspeterpaul.org pastor@saintspeterpaul.org office@saintspeterpaul.org religioused@saintspeterpaul.org

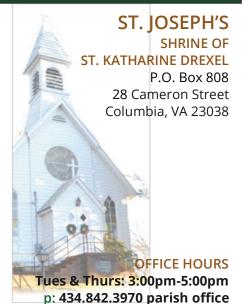
w: saintspeterpaulpalmyra.org

OUR VISION

To expand and strengthen the Christian Community in which the Gospel of Jesus Christ is demonstrated and fulfilled.

OUR MISSION

In the spirit of our patron saints and missionaries, we commit ourselves to a pilgrimage of faith through Evangelization, Sanctification and Social Service ministries.



MASS SCHEDULE

WEEKENDS

1st Saturday 10am: SPP Saturday 5pm: SPP Sunday 9am: St. Joseph's 11am: SPP

WEEKDAYS

Tuesday - Noon Wednesday-Friday 9am: SPP

HOLY DAYS

Vigil 7pm: SPP Holy Day 9am: ST. Joseph's Noon: SPP

YOUTH MASS

Last Sunday of the Month

CONFESSION

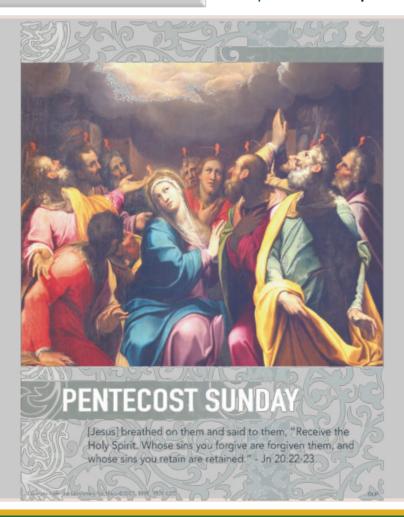
1st Saturday 9:00am: SPP Saturday 4pm: SPP Sunday 8:30am: St. Joseph's

HOSPITAL VISITS:

Call Parish Office or Rectory: 434.589.5200

HOMEBOUND:

Call Parish Office to schedule Communion



WELCOME



STS. PETER AND PAUL

PASTORAL COUNCIL CHAIR

Doug Mullinex | 434.981.6950

FINANCE COUNCIL CHAIR

Steve Momper | 434.977.5453

BUILDINGS AND GROUNDS

Charles Nicholson | 434.365.9712

CEMETERY

Frank Pilk | 804.622.5196

PARISH LIFE

JUSTICE & PEACE

Mitzi Crane | 434.589.2552

RESPECT LIFE

Larry Boice | 434.510.7677

PRISON MINISTRY

Will Kulick | 540.308.5152

GOOD SHEPHERDS

Patricia Travers | 434.953.5432

PARISH NURSE

Catherine Heffley | 757.813.1992

LITURGY & WORSHIP

DIRECTOR OF MUSIC

Dennis Barberio | 434.981.0678

YOUTH MUSIC MINISTER

Townes Mullinex I

USHERS

Frank Pilk | 571.239.3373

LECTORS

Cynthia Nicholson | 434.996.6065

EXTRAORDINARY MINISTERS

Dianna Campagna | 434.286.3665

ALTAR SERVERS

Nicole Amato | 434.589.7987

SACRISTY

Linda Mangiaracina |

GREETERS

Rose Meyer | 434.589.5018

EVANGELIZATION & EDUCATION

CCD/Youth Group

Celeste Shapiola | 434.589.5201

RCIA/BIBLE STUDY

Cynthia Nicholson | 434.996.6065

SUPPORTED GROUPS

CURSILLO

Ellie Henrietta | 434.981.3551

KNIGHTS OF COLUMBUS

Bob Maher | 540.717.2241

PASTOR

Rev. David M. Ssentamu | 434.589.5200

DEACOR

Rev. Mr. Robert Allen | 434.589.0941

ADMINISTRATIVE ASSISTANT

Colleen Smith | 434.589.5201

FAITH FORMATION

Celeste Shapiola | 434.589.5201

BULLETIN & ANNOUNCEMENTS DEADLINE

Wednesdays-1 week in advance of bulletin date-in writing to office@saintspeterpaul.org

Whether you are a visitor, new to our parish, interested in becoming Catholic, seeking to return to the practice of your faith, or an active member of our parish, we are pleased that you have come.

PARISHIONER

UPDATES FOR BOTH CHURCHES:

If you move, change your email or phone number, no longer need envelopes, etc., let us know. We don't want you to miss anything!

CALL:

434.589.5201

EMAIL:

office@saintspeterpaul.org

COME IN M- F, 9:00 - 3:00 PM: 4309 Thomas Jefferson Parkway (Parish Hall)

This bulletin also is distributed in an "Email Blast" on Friday afternoon. If you would like to receive the bulletin electronically and/or are not receiving the "Blast," please send your email to office@saintspeterpaul.org.



SAINT JOSEPH/SHRINE TO ST. KATHARINE DREXEL ADMINISTRATION

Jennifer Dennis | 434.842.3970

PASTORAL COUNCIL CHAIR

Debbie Blackburn | 804.815.3732

FINANCE COUNCIL CHAIR

Fred Gunnels | 434.960.6092

LITURGY & WORSHIP

DIRECTOR OF MUSIC

Denny Barberio | 434.981.0678

YOUTH MUSIC MINISTER

Sarah Kenney |

SACRISTAN

Jennifer Dennis | 804.641.8941

USHERS

Marvin Jackson |

Carroll Morse | 434.589.4106

LECTORS

Melissa Kenney | 434.589.3416

ALTAR SERVERS

Michael Cary | 434.842.3095 Melissa Kenney | 434.589.3416

REFRESHMENT COMMITTEE

Danielle Carter-Bledsoe |

FORMATION & EDUCATION

CCE

Celeste Shapiola | 434.981.1405

PRISON MINISTRY

Will Kulick | 540.308.5152

KNIGHTS OF COLUMBUS

ROUNDTABLE CHAIRMAN

Denny Barberio | 434.981.0678

LADIES AUXILIARY

Debbie Blackburn | 804.815.3732



ENCOUNTER

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

June 8, 2025 Pentecost Sunday John 20:19-23

When I was a seminarian almost 20 years ago, a bank vice president taught us etiquette classes. She said, "Gentlemen, please make sure your breath isn't bad. Take some breath mints before you hear confessions, okay?" We nervously laughed because the proximity that makes breath noticeable (whether pleasant or not) can be a bit awkward.

When Jesus breathes on his Apostles (John 20:22), he must have been within inches of at least some of them. This closeness of his breath has a purpose: the purpose of forgiveness of sins. "Whose sins you forgive are forgiven them" (John 20:23). Why in the world would the almost uncomfortable closeness of his breath forgive sins?

In the Bible, breath is spirit or wind. It comes from above and makes that which is below to have identity. To not have a single identity is to be multiple, divided. The word "sin" comes from an ancient word that means "to split" or "render asunder." Sin divides us sinners and the world around us; our spiritual "breath" leaves us and our identity splinters. Only breath from above restores. For example, a shattered vase is rendered whole because the craftsman breathes the spirit of the vase back into it when he repairs it. A human being shattered by sin is made whole by the breath of God, breathed by Jesus through his priests. His breath alone forgives sins. It's always done with his gentle, loving closeness. — Father John Muir

READINGS FOR THE WEEK OF JUNE 8, 2025

Sunday: Vigil: Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5/

Ps 104:1-2, 24, 35, 27-28, 29, 30 (see 30)/Rom 8:22-27/Jn 7:37-39 Extended Vigil: Gn 11:1-9/Ex 19:3-8a, 16-20b/Ez 37:1-14/ Jl 3:1-5/Ps 104:1-2, 24, 35, 27-28, 29, 30 (see 30)/Rom 8:22-27/

Jn 7:37-39

Day: Acts 2:1-11/Ps 104:1, 24, 29-30, 31, 34 (see 30)/

1 Cor 12:3b-7, 12-13 or Rom 8:8-17/Jn 20:19-23 or Jn 14:15-16,

23b-26

Monday: Gn 3:9-15, 20 or Acts 1:12-14/Ps 87:1-2, 3 and 5, 6-7/Jn 19:25-34 Tuesday: 2 Cor 1:18-22/Ps 119:129, 130, 131, 132, 133, 135/Mt 5:13-16 Wednesday: Acts 11:21b-26; 13:1-3 (580)/Ps 99:5, 6, 7, 8, 9/Mt 5:17-19 2 Cor 3:15—4:1, 3-6/Ps 85:9ab and 10, 11-12, 13-14/Mt 5:20-26

Friday: 2 Cor 4:7-15/Ps 116:10-11, 15-16, 17-18/Mt 5:27-32 Saturday: 2 Cor 5:14-21/Ps 103:1-2, 3-4, 9-10, 11-12/Mt 5:33-37 Next Sunday: Prv 8:22-31/Ps 8:4-5, 6-7, 8-9 (2a)/Rom 5:1-5/Jn 16:12-15

OBSERVANCES FOR THE WEEK OF JUNE 8, 2025

Sunday: Pentecost Sunday

Monday: Blessed Virgin Mary, Mother of the Church

Wednesday: St. Barnabas, Apostle

Friday: St. Anthony of Padua, Priest and Doctor of the Church

Saturday: Flag Day

Next Sunday: The Most Holy Trinity; Father's Day



SPEND AN HOUR WITH JESUS Hours: M - Th, 6am - 8pm A Block schedule for those who want a regular weekly a doration time is posted on the wall in the hall across from the Religious Store. Contact: Denise Minor - dminor92@gmail.com





CCD every Sunday at 9:30AM, Sts Peter & Paul. Meet in St. Francis Hall.
CCD every Sunday at 10:30, St. Joseph.
Meet in the parish hall.

ADULT FORMATION CHRISTIAN EDUCATION

Includes OCIA, offering instruction to unbaptized and non-Catholic persons with an interest in being members of the Catholic faith.

Sunday: 9:30am at Sts Peter & Paul 10:30 at St. Joseph

EPIC - ONE DAY EVENT FOR 6-8 GRADERS

What is EPIC?

EPIC is a one-day diocesan event for middle school youth (rising grades 6-8). This event is intended to be a high-energy day that is focused on two things: (1)building community & friendships with other Catholic middle school youth, and (2) encouraging zeal for our Catholic faith. Throughout the day, youth will experience everything from inflatables to a service project, relay races to Mass. Keynote sessions will highlight the lives of young saints and emphasize the universal call to holiness – every age, including middle school youth, is called to sainthood! They will also interact with high school teens who attended Discipleship Week in the days prior to EPIC. At the end of the day, middle school youth will walk away feeling excited about their community and their faith. Join us, it is going to be EPIC!

Who should attend EPIC?

EPIC is open to all youth who will be enrolled in grades 6-8 during the 2025-2026 academic year. The registration fee for youth participants and adult chaperones is \$55/person.

All applications need to be turned into Celeste Shapiola by July 8.

Where and when is EPIC?

EPIC will be held on Saturday, August 9, 2025 at Saint Joseph's Villa in Richmond, Virginia from 11:00am-7:00pm. The address is 8000 Brook Road, Richmond, VA 23227.

Please contact Celeste, <u>religioused@saintapeterpaul.org</u>, 434-589-5201 for more information or an application.

FAITH FORMATION

Inquiries about the **Sacrament of Baptism**, or any of the Sacraments, should be directed to Celeste at <u>religioused@saintspeterpaul.org</u> for registration and prep information.

SHARING THE GOSPEL

THE DISCIPLES MUST HAVE MISSED SPENDING TIME WITH JESUS AFTER HE WENT BACK TO HEAVEN. BUT THEY KNEW THAT THE HOLY SPIRIT WOULD ALWAYS BE WITH THEM, HELPING THEM REMEMBER WHAT JESUS HAD TAUGHT THEM. THE DISCIPLES KEPT LEARNING ABOUT GOD AND KEPT GROWING CLOSER TO HIM. THE HOLY SPIRIT WILL HELP YOU REMEMBER JESUS TOO.

PRAYER

Dear God, Thank you for sending the Holy Spirit.

It's Time for Vacation Bible School!

Location: Saint Joseph
Date and Time: June 9-14 6:00-8:00
A light supper will be served at 6:00; Program will begin at 6:30
Preschool – Grade 5

This year at VBS, your child is invited to <u>Passport to Peace!</u> Your child will learn that the love of God and the way of peace transcend all borders and divisions. Led by God's Spirit, we can all participate in creating a more peaceful world.

Your child will make new friends, sing fun songs, watch

dramatic presentations of the Bible stories, play active games, do art projects and science explorations, and dig into the Bible. The five Bible stories for the week show children there are many opportunities and ways to live as peacemakers. <u>Passport to Peace</u> will help

children learn ways to create inner peace, use peacemaking strategies at home, school, and in the community, and practice strategies for conflict resolution.

All Vacation Bible School Donations need to be turned in by June 8.

INTENTIONS

MASS INTENTIONS: JUNE 7 - 15

*REPRESENTS ST. JOSEPH PARISH

| 1st Saturday | 6/7 | 10am | Remington Ray Morris | D | Morris & Arroyo Families |
|-----------------------|------|--------|-----------------------------|-----|----------------------------|
| Saturday-Pentecost | 6/7 | 5pm | Zbigniew Witkowski | D | Graznya & Slawek Witkowski |
| Sunday-Pentecost | 6/8 | 9am* | Mary and William McFarland | D | |
| Sunday-Pentecost | 6/8 | 11am | Misa Pro Populo | | |
| Tuesday | 6/10 | 12Noon | Mary Ann Barcia | D | Mary Anne Harkins |
| Wednesday | 6/11 | 9am | Mary Ann Barcia | D | Carol Craig |
| Thursday | 6/12 | 9am | Rosemary Witkowski-birthday | - 1 | Graznya & Slawek Witkowski |
| Friday | 6/13 | 9am | Tommy Nicholson | D | Don & Eileen Tyler |
| Saturday-Holy Trinity | 6/14 | 5pm | Carol Donahue | D | Hal & Linda Smith |
| Sunday-Holy Trinity | 6/15 | 9am* | Misa Pro Populo | | |
| Sunday-Holy Trinity | 6/15 | 11am | Sal Barcia | D | Mary Ann Barcia |

REMEMBER IN YOUR PRAYERS All those who serve our country particularly...



Michael Bohtelo, Devon Burger, Gerard Holodak, Sarah and Taylor Graese, Raymond Markle, Connor Dobbins, Katie Marron, Kevin & Kathleen O'Malley, James Fulford, Rhett Hartwell, Andrew Thompson, Luke Marron, Sasha and Lonnie Kuhlow, William Furst, Matt Hendl, Damien LaForenza, Russ Marron, Adam Warren, Christopher McCarthy, Zach Marron, Joseph Ayuso, Joe and Sophia Murphy, Josiah Noble, Jose Langoria, Alex Ostrowski, Henry Land and Matthew Reinitz.

Pray God keeps them in His care.



PLEASE PRAY FOR THE SICK

Philomena Alonso, Jean & Mary Louise Bernard, Sharon Cassidy, Nicole Colley, The Compton Family, Douglas, Caron, Jean Dalsky, Connie D'Amico, Samuel Dunton, Me'Shelle Durant, Bill Ellis, Frank Feliciano, the Fellins, Patty Frawley, Pat Garner, Mary Anne Grimes, Phyllis Guthrie, John Hobby, Regina Humanitzki, Sue Inghilleri, Margaret Johnson, Ron Johnson, Carolyn Kerrigan, Marie Knighting, Jim Kraemer, George Kuhlow, Judi Kuhlow, Marcia Lagomarsino, Annie Lodato, Bob Maher, Jean Main, Zachary W. Mayo II, Joan Merk, Haynes McKinley Morris, Jr., Irene Nadig, Rose Patterson, Gladys Pfeiffer, Margaret Reilly, Douglas Robinson, Carol Scampoli, Kathy Seroskie, Carol Starowicz, Marylou Stock, Anna Sturhann, Rob Toepfert, Jr. Cornelia Waters, Mike Waters, the Williams and Walter Welham

Please call the office at **434.589.5201** to request homebound or hospital visits.

Please join the **Flower Guild**. Two open spots. Contact the office with questions at 434-589-5201

REMEMBER A LOVED ONE WITH A SPECIAL GIFT

The remembrance can be for an anniversary, a birthday, in thanksgiving, or to remember deceased loved ones.

Stop by the Parish Office to arrange to have the Bread and Wine, Flowers, and/or Candles donated for someone you love.

All donations are for one week (Sunday through Saturday).

Altar Flowers \$25, Bread & Wine \$25,

Candles \$30

You now can request Masses for your loves ones, living or deceased for 2026 (as well as the remainder of 2025).

Stop by the Parish Office to request Mass Intentions

Suggested donation - \$10 per Mass

BREAD & WINE FLOWERS SANCTUARY CANDLE

Donor: Donor: Donor:

In Memory of: In Memory of: In Memory of:





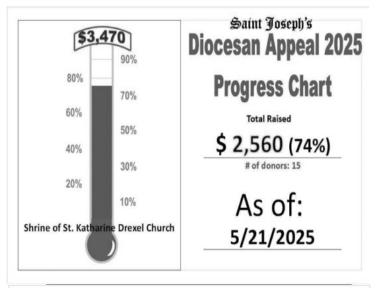


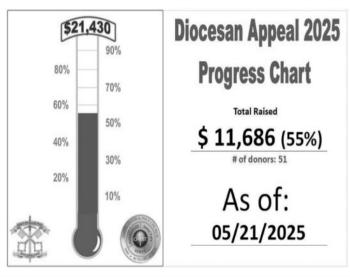


EVERYDAY STEWARDSHIP

| Sts Peter & Paul Pew Count Sat 125 Sun 215 | 05/24 & 05/25 | |
|---|---------------|--|
| First Offering | \$ 3,298 | |
| E-Giving | \$ 2,167 | |
| Total | \$ 5,465 | |

| St. Joseph Pew Count - 79 | 05/25 | |
|------------------------------|---------|--|
| First Offering | \$ 1030 | |





Sts. Peter and Paul Debt Reduction collection occurs at the beginning of each month.

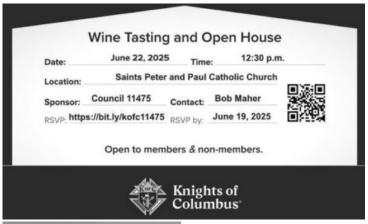
Our next DEBT REDUCTION Collection is THIS WEEKEND.

Thank you and God bless you for your continued support.



Thank you to all who have switched over from FaithDirect to Give Central and also to the "newbies" who have decded to take the plunge to give on-line through Give Central. If you have not signed up, you can visit www.givecentral.org or call the Office and we will help you.

We truly appreciate your commitment to Sts. Peter and Paul.





Dear Father David, May the Holy Spirit continue to bless you, your health, and your vocation.

All the best at Christ The King.

We will miss you!

Sts. Peter and Paul next monthly Bake Sale is *this weekend* after each Mass. Donations accepted before Mass.

UPCOMING EVENTS

| ROOM SCHEDULE | Sat | 7-Jun | 1st Saturday Mass & Rosary | 10:00a | Church | |
|---------------|---------------------|------------------|---------------------------------|---------------------------------|--------------|--|
| | | | Confessions | 4:00p | Church | |
| | | | Vigil Mass | 5:00p | Church | |
| | | | Bake Sale After Mass | 5:00p | Commons | |
| | Sun | | Confessions | 8:30a | St. Joseph's | |
| | | 8-Jun | Mass | 9:00a | St. Joseph's | |
| | | | Mass | 11;00a | Church | |
| | | | Bake Sale After Mass | 12:00a | Commons | |
| | Mon | 9-Jun | Vacation Bible School | 6:00p | St. Joseph's | |
| | Tues | 10-Jun | Mass | 12:00p | Church | |
| | | | Vacation Bible School | 6:00p | St. Joseph's | |
| | Wed Thurs Fri | 11-Jun 12-Jun | Al-Anon | 7:00p | Commons | |
| | | | Mass | 9:00a | Church | |
| | | | Vacation Bible School | 6:00p | St. Joseph's | |
| | | | Scouts | 6:30p | E/F | |
| | | | Mass | 9:00a | Church | |
| | | | Vacation Bible School | 6:00p | St. Joseph's | |
| | | | Cursillo | 6:30p | 123 | |
| \geq | | | Yard Sale | 8:00a | E/F | |
| R00 | | 13-Jun | Mass | 9:00a | Church | |
| | | | Adoration | 9:30p | Church | |
| | | | Benediction | 3:00p | Church | |
| | | | Vacation Bible School | 6:00p | St. Joseph's | |
| | Sat | 14-Jun | Yard Sale | 8:00 | E/F | |
| | | | Confessions | 4:00p | Church | |
| | | | Vigil Mass | 5:00p | Church | |
| | Sun | 15-Jun | Vacation Bible School | 6:00p | St. Joseph's | |
| | | | Confessions | 8:30a | St. Joseph's | |
| | | | Mass | 9:00a | St. Joseph's | |
| | | | Mass | 11:00a | Church | |
| | | | Clean Up from Yard Sale | 12:00p | E/F | |
| | Room Ledger: | | F - St. Francis (Hall) | R - St. Raphael (Church) | | |
| | | | E - St. Elizabeth (Hall) | M - St. Michael (Church) | | |
| | | | C - Commons (Church) | | | |

Get ready for the Church Yard Sale, June 13 and 14!

Start cleaning out your closets, sheds and garage and bring any items for the sale June 8 through June 11.

We need volunteers to help from June 8th through the 12th to sort and set up and on June 13 and 14 to work the yard sale. This is one of our biggest fundraisers of the year and we need your help to make it a success.

Catholic Q & A

Ouestion:

Why do we use incense at Mass?

Answer:

The use of incense in religious ceremonies and worship is a practice that predates Christianity, and which is also found in many other religious traditions today.

Incense, which is made from resin infused with aromatic spices and oils, is one of those fundamentally human symbols that incorporates more than one of our senses, helping us to reflect on realities that transcend the everyday details of our lives.

The use of incense in the Church's liturgy — in the Mass, as well as in devotions to the Eucharist and the Liturgy of the Hours — is inspired by the use of incense in the Jewish tradition. In the writings of the Old Testament, we hear about incense being used in the worship of the temple, and Psalm 141 asks, "Let my prayer be incense before you; my uplifted hands an evening offering" (vs. 2). The image here is that, as the incense gently rises to heaven, our prayers also rise to God as something sweet and pleasant.

Another ancient use of incense that has also become part of our Catholic tradition is the idea that when we incense something, it's because it is something special or sacred. This is why the Book of the Gospel is incensed during the Liturgy of the Word and the bread, wine, priest celebrant, and congregation are incensed at the presentation of the gifts. To this, we can also add the incensing of the Blessed Sacrament during eucharistic adoration and benediction, and the body of the deceased at the end of the Mass of the Resurrection (the Funeral Mass).

(PRACTICING) CATHOLIC – BENEATH THE SURFACE By Colleen Jurkiewicz Dorman

Leaving the Room

I was a full-grown adult before I realized that Pentecost is known as "the birthday of the Church," and it only resonated with me because someone showed up to a church function with cake and candles. Leave it to buttercream frosting to drive home a theological reality I had been missing for 25 years.

I knew what Pentecost was, of course. It simply went over my head that, despite all the incredible, world-changing things that had come before the moment of Pentecost, prior to this day, the Apostles were just a group of guys in a room. It wasn't until Pentecost that they became the Church.

So what makes the Church...well, the Church, capital C? What makes it more than just a group of guys in a room?

It's true, they were a very special group of guys. They had the Truth — capital T. They had borne witness to Christ's miracles, to his life and to his passion and death.

But they were still in that room.

When the time for Pentecost was fulfilled, the Holy Spirit came upon them, and they received graces and gifts that made them fit to carry out the Great Commission. The Truth wasn't enough, even with a capital T. They needed the Spirit — capital S — and more than that, they needed to receive it with the courage and faith necessary to do what needed to be done.

To get up and leave the room.

Because what good is any of it unless they leave the room? What does it matter, the tongues of fire and the miraculous bilingualism and, frankly, the coming of the Spirit, if no one ever hears about it?

The mission is what made them the Church. It's what makes us the Church. Without it, we're just a bunch of guys in a room.

Sts. Peter and Paul



40th Anniversary News

40th Anniversary raffle tickets are selling out quickly. Remaining tickets can be purchased after each Mass, online through GiveCentral, or the Church Office.

Sts. Peter and Paul 40th Anniversary Monogrammed shirts can be ordered through our religious gift store.

Submit your favorite recipes now for the Sts Peter and Paul 40th Anniversary Cookbook. Directions and online submittal forms can be found online in the weekly Blast announcement, and the parish website. Paper forms are located in the parish office.

CATHOLIC TRIVIA – JUST FOR FUN

Question: What year marked the first time that Catholics in the United States were allowed to receive the Eucharist in their hands?

Answer: LL61

Your Help is Needed: Volunteer Drivers for Good Shepherd Ministry

Extend a hand and make a difference

The Good Shepherd Ministry is seeking kind-hearted individuals to step forward and help in a meaningful way. We need volunteers who can occasionally assist with driving fellow Parishioners, who are unable to drive, to their medical appointments. This small act of service can have a profound impact on someone's life. If you want to learn more and think you can help, please call the office (434-589-5201).

STS. PETER & PAUL Religious Store

religiousstore@saintspeterpaul.org

HOURS:

SATURDAY

SUNDAY

3:30 - 4:30pm

12:00 - 1:00pm

6:00 - 6:45pm

Large selection of Religious Cards for all Occasions

POTLUCK LUNCHEONS

Sts. Peter & Paul will be hosting potluck
lunches following the Youth Masses on the last Sunday of
the month-- bring a lunch dish to share. There is a
sign-up sheet on the kitchen door in the Commons.

All parishioners are invited to attend,
especially families, so we can get to know
our fellow parishioners.



Parish Day - June 29

We need a coordinator for this popular event - involves mostly set-up and clean up. Please reach out to Doug Mullinex to volunteer so we are able to continue these lunches

Prayer Before Meals, Explained

Anyone who has ever dined in a Catholic home has probably heard the prayer before meals that begins with the famous words: "Bless us, O Lord, and these thy gifts." These words in particular are first found in the Galesian Sacramentary, a book of Christian liturgy that dates to the seventh or eighth century, but the practice of praying before meals is Biblical, harkening back to the Jewish ritual washing of hands before eating. In the Gospels, Jesus is shown praying before the Last Supper and other meals, setting an example followed by Paul in Acts 27:35.

In his 2015 encyclical Laudato SI', Pope Francis urged the faithful "to return to this beautiful and meaningful custom."

"That moment of blessing," he wrote, "reminds us of our dependence on God for life; it strengthens our feeling of gratitude for the gifts of creation... (and) reaffirms our solidarity with those in greatest need."

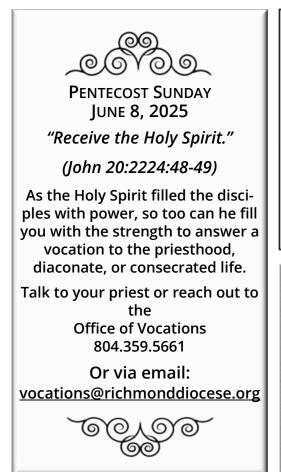
EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

I am a sports fan, and perhaps you are one, too. I don't follow all sports, but those that I do follow usually involve a team. There is something about a team of individuals coming together for the goal of victory that is compelling. A team is only as good as the sum of all its players. If you have all the right talent at the right positions, great things can happen. What is hard for a fan to watch is a team that has great talent but fails to achieve its goals because some players choose not to give their all to the team. Selfishness, apathy, or immaturity keep some from giving fully of themselves. The hopes and dreams of a team and fan base are dashed even though they had all they needed to be the best.

A parish is a lot like a team. Those in a parish community work together to achieve goals that ultimately lead others to Christ. We come together to give of ourselves to advance the mission of the parish. When we all are committed to fully giving our gifts and talents, fulfilling our position in the Body of Christ, then our hopes and dreams of transforming the world around us can become reality.

However, when we sit out on the sidelines, we hurt our team. When we hold back and choose not to give of ourselves, we diminish what is truly possible for our parish community. I believe God always provides our parishes with what they need to be fruitful and vibrant. His gifts to us exist in each other. If you think your parish could be so much more, than perhaps this week you should call your pastor or other pastoral leader and say, "Put me in coach!"

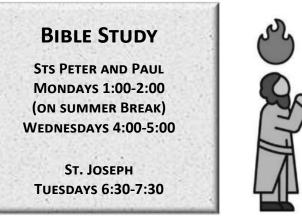
-Tracy Earl Welliver, MTS





Do you have a son or daughter between the ages of 11 and 17? Now is the perfect time to sign him or her up for Scouts. The Scouting program helps youth develop academic skills, self-confidence, ethics, leadership skills and citizenship skills that influence their adult lives. For more information contact: Boy Scouts Troop 138 (boys): Chuck Palmer charleswpalmeriv@gmail.com 571.212.4445

JOIN SCOUTING!





MEDITACIÓN DEL EVANGELIO – ALENTAR UN ENTENDIMIENTO MÁS PROFUNDO DE LA ESCRITURA

8 de junio de 2025 Domingo de Pentecostés

Este día de Pentecostés tenemos la oportunidad de pedir al Espíritu Santo que abra las puertas de nuestro corazón, nos regale la paz, y que seamos portadores de ella a dondequiera que nos presentemos. Hoy en día, el mundo, más que nunca, necesita la paz. Hay guerra y destrucción en varios países, dando como resultado vivir deseando la paz. La gente sufre atrapada en la incertidumbre y el miedo. Ojalá que hoy escuchemos este mensaje y se hagan realidad para muchas personas estas palabras: "Jesús les volvió a decir: ¡La paz esté con ustedes!" (Juan 20:21). El Espíritu Santo se manifiesta para el bien común, es decir, no es para unos cuantos, es para todos.

En una de sus catequesis sobre el Espíritu Santo, San Cirilo de Alejandría explicaba lo siguiente: "De igual modo el Espíritu Santo, siendo uno solo y siempre el mismo e indivisible, distribuye a cada uno sus gracias según su beneplácito. Al igual que un árbol seco, al recibir agua germina, de una manera semejante el alma pecadora al recibir al Espíritu Santo, el don del arrepentimiento produce frutos de justicia. Siendo siempre igual y el mismo, produce diversos efectos según su beneplácito de Dios y en el nombre de Cristo. De hecho, se sirve de la lengua de alguno para comunicar sabiduría. A otro le ilumina la mente con el don de profecía. A otro le da el poder de arrojar demonios. A aquel le da el don de interpretar las Escrituras". ¡Ven Espíritu Santo, y llena



¡Ha llegado la hora para la Escuela Bíblica de Vacaciones (EBV)!

> Lugar: Saint Joseph Fecha y Hora: June 9-14 6:00-8:00

Una Cena Ligera a 6:00 y el programa comienza a 6:30

Preescolar - Grado 5

Este año, en la Escuela Bíblica de Vacaciones (EBV), tu hijo está invitado a asistir a *¡Pasaporte a la Paz!* Tu hijo aprenderá que el amor de Dios y el camino de la paz trascienden todas las fronteras y divisiones. Guiados por el Espíritu de Dios, todos podemos participar en la creación de un mundo más pacífico.

Tu hijo hará nuevos amigos, cantará canciones divertidas, verá presentaciones teatrales de las historias de la Biblia, jugará juegos activos, realizará proyectos de arte y exploraciones científicas y se adentrará en la Biblia. Las cinco historias de la Biblia de la semana muestran a los niños que hay muchas oportunidades y formas de vivir como constructores de la paz. *Pasaporte a la Paz* ayudará a los niños a aprender formas de crear paz interior, usar estrategias de pacificación en el hogar, la escuela y la comunidad, y practicar estrategias para la resolución de conflictos.

Todas las donaciones para la Escuela Bíblica de Vacaciones deben entregarse antes de $8\ {\rm de}$ junio.

ÉPICO

EVENTO DE UN DÍA PARA ESTUDIANTES DE 6-8 GRADOS

¿Qué es EPIC?

EPIC es un evento diocesano de un día para jóvenes de secundaria (grados 6-8). Este evento pretende ser un día de alta energía que se centra en dos cosas: (1) construir comunidad y amistades con otros jóvenes católicos de secundaria, y (2) fomentar el celo por nuestra fe católica. A lo largo del día, los jóvenes experimentarán de todo, desde inflables hasta un proyecto de servicio, carreras de relevos hasta Misa. Las sesiones magistrales destacarán la vida de los jóvenes santos y enfatizarán el llamado universal a la santidad: icada edad, incluida la juventud de la escuela media, está llamada a la santidad! También interactuarán con adolescentes de secundaria que asistieron a la Semana del Discipulado en los días previos a EPIC. Al final del día, los jóvenes de secundaria se irán entusiasmados con su comunidad y su fe. Únete a nosotros, jva a ser ÉPICO!

¿Quién debería asistir a EPIC?

EPIC está abierto a todos los jóvenes que estarán matriculados en los grados 6-8 durante el año académico 2025-2026. La cuota de inscripción para jóvenes participantes y acompañantes adultos es de 55 \$/persona.

Todas las solicitudes deben convertirse en Celeste Shapiola antes del 8 de julio.

¿Dónde y cuándo es EPIC?

EPIC se llevará a cabo el sábado 9 de agosto de 2025 en Saint Joseph's Villa en Richmond, Virginia, de 11:00 a.m. a 7:00 p.m. La dirección es 8000 Brook Road, Richmond, VA 23227.

Póngase en contacto con Celeste, <u>religioused@saintapeterpaul.org</u>, 434-589-5201 para obtener más información o una solicitud.



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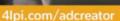
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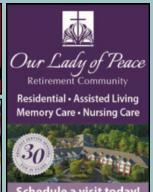


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