

August 18, 2024

*"The Eucharist - Our Life, Our Hope!"*



**STS. PETER & PAUL PARISH**

4309 Thomas Jefferson Parkway  
Palmyra, VA 22963

**OFFICE HOURS**

Monday-Friday 9:00am-3:00pm

**p:** 434.589.5201 parish office

**f:** 434.589.4463

**e:** office@saintspeterpaul.org  
pastor@saintspeterpaul.org  
karen.davidson@saintspeterpaul.org  
religioused@saintspeterpaul.org

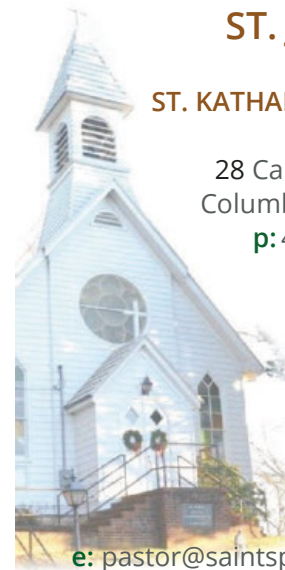
**w:** saintspeterpaulpalmyra.org

**OUR VISION**

To expand and strengthen the Christian Community in which the Gospel of Jesus Christ is demonstrated and fulfilled.

**OUR MISSION**

In the spirit of our patron saints and missionaries, we commit ourselves to a pilgrimage of faith through **Evangelization, Sanctification and Social Service ministries.**



**ST. JOSEPH'S**

**SHRINE OF  
ST. KATHARINE DREXEL**

P.O. Box 808

28 Cameron Street  
Columbia, VA 23038

**p:** 434.589.5201

**e:** pastor@saintspeterpaul.org

**w:** saintjosephcolumbia.org

**MASS SCHEDULE**

**WEEKENDS**

Saturday 5pm: SPP

Sunday 9am: St. Joseph's

11am: SPP

**WEEKDAYS**

Wednesday-Friday 9am: SPP

**HOLY DAYS**

Vigil 7pm: SPP

Holy Day 9am: St. Joseph's

Noon: SPP

**YOUTH MASS**

Last Sunday of the Month

**CONFESSION**

1st Saturday 9:00am: SPP

Saturday 4pm: SPP

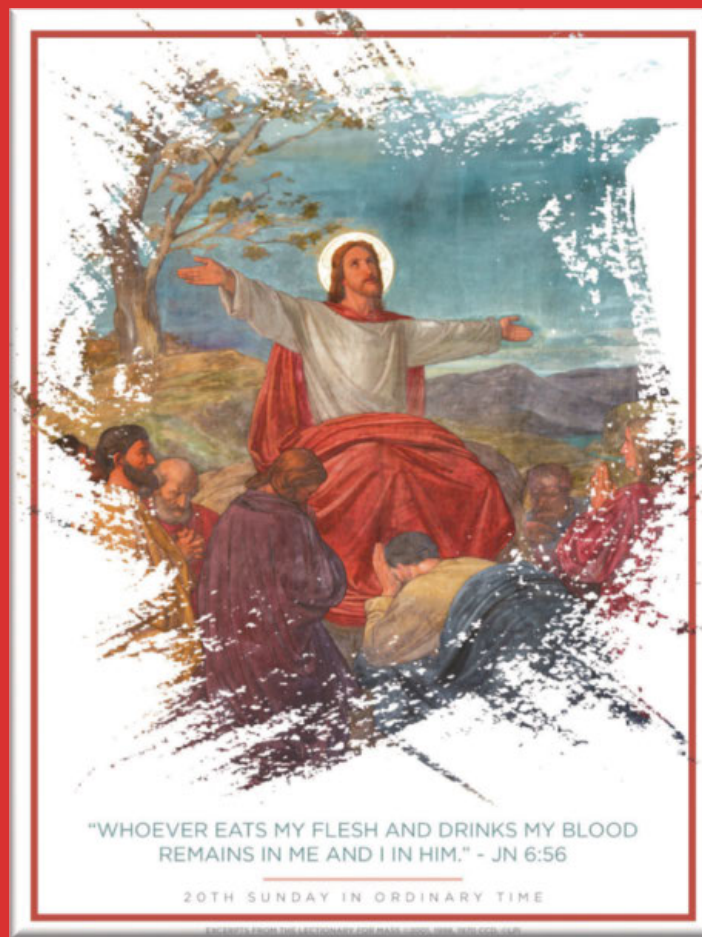
Sunday 8:30am: St. Joseph's

**HOSPITAL VISITS:**

Call Parish Office  
or Rectory: 434.589.5200

**HOMEBOUND:**

Call Parish Office  
to schedule Communion



**EVANGELIZE**

**SANCTIFY**

**SERVE**

# WELCOME



## ADMINISTRATION

### PASTORAL COUNCIL CHAIR

Doug Mullinex | 434.981.6950

### FINANCE COUNCIL CHAIR

Steve Momper | 434.977.5453

### BUILDINGS AND GROUNDS

Charles Nicholson | 434.365.9712

### CEMETERY

Mandy Tolano | 540.595.7173

### PARISH LIFE

### JUSTICE & PEACE

Mitzi Crane | 434.589.2552

### RESPECT LIFE

Larry Boice | 434.510.7677

### PRISON MINISTRY

Will Kulick | 540.308.5152

### GOOD SHEPHERDS

Patricia Travers | 434.953.5432

### PARISH NURSE

Catherine Heffley | 757.813.1992

## LITURGY & WORSHIP

### DIRECTOR OF MUSIC

Dennis Barberio

### YOUTH MUSIC MINISTER

Townes Mullinex |

### USHERS

Frank Piik | 571.239.3373

### LECTORS

Cynthia Aycock | 434.996.6065

### EXTRAORDINARY MINISTERS

Dianna Campagna | 434.286.3665

### ALTAR SERVERS

Nicole Amato | 434.589.7987

### SACRISTY

Mary Ann Mason | 434.589.6141

### GREETERS

Rose Meyer | 434.589.5018

## EVANGELIZATION & EDUCATION

### CCD/YOUTH GROUP

Celeste Shapiola | 434.589.5201

### RCIA/BIBLE STUDY

Cynthia Aycock | 434.996.6065

## SUPPORTED GROUPS

### CURSILLO

Ellie Henrietta | 434.981.3551

### KNIGHTS OF COLUMBUS

Jim Cullinan | 434.589.4551

### PASTOR

Rev. David M. Ssentamu | 434.589.5200

### DEACON

Rev. Mr. Robert Allen | 434.589.0941

### ADMINISTRATIVE ASSISTANT

Karen Davidson | 434.589.5201

### FAITH FORMATION

Celeste Shapiola | 434.589.5201

### BULLETIN & ANNOUNCEMENTS DEADLINE

Fridays-1 week in advance-In writing to  
[karen.davidson@saintspeterpaul.org](mailto:karen.davidson@saintspeterpaul.org)



Whether you are a visitor,  
new to our parish,  
interested in becoming  
Catholic, seeking to  
return to the practice of  
your faith, or an active  
member of our parish,  
we are pleased that  
you have come.

## READINGS FOR THE WEEK OF AUGUST 18, 2024

Sunday: Prv 9:1-6/Ps 34:2-3, 10-11, 12-13, 14-15 (9a)/  
Eph 5:15-20/Jn 6:51-58  
Monday: Ez 24:15-23/Dt 32:18-19, 20, 21/Mt 19:16-22  
Tuesday: Ez 28:1-10/Dt 32:26-27ab, 27cd-28, 30, 35cd-36ab/  
Mt 19:23-30  
Wednesday: Ez 34:1-11/Ps 23:1-3a, 3b-4, 5, 6/Mt 20:1-16  
Thursday: Ez 36:23-28/Ps 40:5, 7-8a, 8b-9, 10/Mt 22:1-14  
Friday: Ez 37:1-14/Ps 107:2-3, 4-5, 6-7, 8-9/Mt 22:34-40  
Saturday: Rv 21:9b-14/Ps 145:10-11, 12-13, 17-18/Jn 1:45-51  
Next Sunday: Jos 24:1-2a, 15-17, 18b/Ps 34:2-3, 16-17, 18-19,  
20-21, 22-23 (9a)/Eph 5:21-32 or 5:2a, 25-32/  
Jn 6:60-69

## OBSERVANCES FOR THE WEEK OF AUGUST 18, 2024

Sunday: 20th Sunday in Ordinary Time  
Monday: St. John Eudes, Priest  
Tuesday: St. Bernard, Abbot and Doctor of the Church  
Wednesday: St. Pius X, Pope  
Thursday: The Queenship of the Blessed Virgin Mary  
Friday: St. Rose of Lima, Virgin  
Saturday: St. Bartholomew, Apostle  
Next Sunday: 21st Sunday in Ordinary Time

## AUGUST 2024

### HONOR YOUR LOVED ONE WITH A SPECIAL MEMORIAL

#### BREAD & WINE

Donor:

In Memory of:



#### ALTAR FLOWERS

Donor:

In Memory of:



#### SANCTUARY CANDLE

Donor:

In Memory of:



Or have a Mass said for a loved one. Contact the office for availability.




# ENCOUNTER

## Everyday Stewardship

We can easily feel obligated to attend a party, wedding, or other event that we find ourselves invited to as a guest. If we want to go, then we get dressed up and rush off with anticipation of fun and good times with friends. If we dread going, we get ourselves together slowly and arrive late, hoping that the event will not be so long and we can then get on with the rest of our day. The difference in our feelings may have to do with many aspects: the host, the attendees, the reason for celebration, or even the venue. Either way, the invitation has been given to us because someone feels that our presence would make a positive difference. Our response is entirely our own. We decide how we will answer the invitation.

Every Sunday, every day in fact, you and I have received an invitation to a banquet more celebratory and grander than any wedding or birthday party. The host is actually Jesus Christ himself, and he has prepared a feast that promises to satisfy. He has prepared for this event by giving all he has to give. No host has ever been more gracious. His hope is that you will be happy to attend for your presence does make a tremendous difference. Would he invite you if attending made no difference at all? Will you RSVP with a sense of joy and anticipation? If this is just another invite that obligates you and you approach the event with indifference, the host wonders if you really comprehend what he went through to make this meal possible. He also wonders if you really understand what is truly being celebrated. --Tracy Earl Welliver, MTS




20<sup>th</sup> Sunday in Ordinary Time  
August 4, 2024

“Always give thanks for all things.” Give thanks to the priests, sisters, and brothers who answered God’s call with open hearts to serve him. Is Christ calling you to serve as a priest or in consecrated life? Talk to your priest or reach out to the

Office of Vocations at  
804.359.5661

Or via email:  
[vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org)



# PARISH YOUTH



## Religious Education



### CCD/RCIA REGISTRATION

#### in The Commons

**before and after Mass during the month of August or M - F in the office. Please remember to bring a copy of your child(ren)'s baptismal certificate. Classes start September 8th.**

### SHARING THE GOSPEL

Would you like to live forever? Jesus would like you to. God sent Jesus so that one day we could live with him forever in heaven. Remember how the Israelites waited every morning for manna? Do you remember they got so hungry they cried.

Well, Jesus wants us to wake up every morning, excited to meet him and talk to him. When we read God's word, and when we pray every day, he wants to come inside our hearts. He wants to be the one to fill every one of our needs.

### PRAYER

*Dear God, help me to keep coming back for more of Jesus every single day. Amen.*

### JOIN SCOUTING!

Do you have a son or daughter between the ages of 11 and 17? Now is the perfect time to sign him or her up for Scouts. The Scouting program helps youth develop academic skills, self-confidence, ethics, leadership skills and citizenship skills that influence their adult lives.

For more information contact:

Boy Scouts Troop 138 (boys):

Chuck Palmer

[charleswpalmeriv@gmail.com](mailto:charleswpalmeriv@gmail.com) 571.212.4445

The sacrament of Baptism will normally occur on the 2nd Sunday of the month at the 11:00am Mass. Please contact [religioused@saintspeterpaul.org](mailto:religioused@saintspeterpaul.org) for registration and prep information. The next dates are: **September 15<sup>th</sup> and October 13<sup>th</sup>.**

### PUZZLE

Unscramble words from today's Gospel reading:

bread	world	life
heaven	eat	true
people	drink	food

edrba	<u>b</u> <u>r</u> <u>e</u> <u>a</u> <u>d</u>
lfei	— — — —
widor	— — — —
ppleeo	— — — — —
dnkri	— — — —
fodo	— — — —
hevena	— — — — —
tuer	— — — —
eta	— — —

### MISSION

Ask your parents if you can have a snack of grape juice and bread today. Talk about how the Israelites came to get manna every morning. How can you as a family make Jesus a part of your day, every day?

# INTENTIONS

## MASS INTENTIONS: AUGUST 17 - AUGUST 25, 2024

\*REPRESENTS ST. JOSEPH PARISH

Saturday	8/17	5pm	Barbara Novak	D	Jane Haas
Sunday	8/18	9am*	Johnny S. & Jane Garland	D	Courtney & Shannon Land
Sunday	8/18	11am	Misa Pro Populo		
Wednesday	8/21	9am	Jean Marron	D	Bob & Muriel Toepfert
Thursday	8/22	9am	Tonya Arndt	D	Charlie & Betty Maurer
Friday	8/23	9am	Dottie Taylor	D	Walter Taylor
Saturday	8/24	5pm	Anne Ayuso	D	Bob & Muriel Toepfert
Sunday	8/25	9am*	Misa Pro Populo		
Sunday	8/25	11am	June Wimer	D	Janis & Royal Duffy

### REMEMBER IN YOUR PRAYERS

All those who serve our country particularly . . .



Michael Bohtelo, Devon Burger, Gerard Holodak, Sarah and Taylor Graese, Raymond Markle, Connor Dobbins, Katie Marron, Kevin and Kathleen O'Malley, James Fulford, Rhett Hartwell, Andrew Thompson, Luke Marron, Sasha and Lonnie Kuhlow, William Furst, Matt Hendl, Damien LaForenza, Mark Mason, Russ Marron, Christopher McCarthy, Zach Marron, Joe and Sophia Murphy, Josiah Noble, Jose Langoria, Joseph Ayuso, Alex Ostrowski, Adam Warren, and Matthew Reinitz.

**Pray God keeps them in His care.**



### PLEASE PRAY FOR THE SICK

Peter & Philomena Alonso, Michael Amato, Jean & Mary Louise Bernard, Sharon Cassidy, Nicole Colley, The Compton Family, Jean Dalsky, Connie D'Amico, Catherine Doherty, Carol Donohue, Samuel Dunton, Me'Shelle Durant, Bill Ellis, Frank Feliciano, Bob Fint, Patricia Golgosky, Mary Anne Grimes, Phyllis Guthrie, John Hobby, Donna Horan, Regina Humanitzki, Tony Inghilleri, Sue Inghilleri, Margaret Johnson, Ron Johnson, Carolyn Kerrigan, Tom Kinter, Marie Knighting, Jackie Kraemer, Judi Kuhlow, Marcia Lagomarsino, Annie Lodato, Zachary W. Mayo II, Art & Judy Menard, Joan Merk, Haynes McKinley Morris, Jr., Irene Nadig, Rose Patterson, Donald Raab, Margaret Reilly, Carol Scampoli, Kathy Seroskie, Carol Starowicz, Marylou Stock, Anna Sturhann, Rob Toepfert, Jr. Cornelia Waters, Mike Waters, and Walter Welham

Please call the office at **434.589.5201** to request homebound or hospital visits.

### PRAYER OF EUCHARIST

Dear Lord,

May our congregation be more deeply assured of Your love each time we receive

Communion.

May our "Eucharist" make our lives a song of worship and thanks, sung to You.

May this sacred food nourish us to be bold and brave disciples of You.

Amen.



The Swiss Guard are a specialty armed force who protect the pope, and they've been doing so since 1506. The historic full-dress uniform is a fan-favorite of visitors to the Vatican.

### CATHOLIC TRIVIA – JUST FOR FUN

Question: Who said, "Let it be done according to your word," in response to an angel's announcement to her?

Answer: Jesus the Mother of Jesus Mary.

### Parishioner updates:

If you have recently moved, changed your phone number or email, please keep the office informed so you don't miss out on important information.

**Call: 434.589.5201**

**Email: [office@saintspeterpaul.org](mailto:office@saintspeterpaul.org)**

**Come in: 4309 Thomas Jefferson Parkway  
(Parish Hall)**

# EVERDAY STEWARDSHIP

<b>Pew Count</b> Sat. - 133   Sun. - 151	<b>August 3 &amp; 4</b>
First Offering	\$ 4,074
First Offering: <b>Faith Direct</b>	\$ 2,623
Total	<b>\$ 6,697</b>
<b>August - MTD Debt Reduction</b>	<b>\$ 2,060</b>

The Debt Reduction collection occurs at the beginning of each month.

**Our next DEBT REDUCTION Collection is**

**SEPTEMBER 7TH/8TH**

*Thank you and God bless you for your continued support.*

Our next monthly Bake Sale is September 7th/8th after each Mass. Donations accepted before Mass. Thanks!

## OUR BAKE SALES NEED HELPERS!

- ◆ Bakers are needed to provide baked goods each month.
- ◆ We also need people to sell the goodies at each Mass on the first full weekend of each month.
- ◆ Please contact Sue Scott (434.591.1205) if you are willing to do either/both of these tasks.



**Chesterton Academy of St. John the Evangelist**, a classical high school joyfully rooted in the Catholic faith, seeks an experienced, energetic,

personable, and self-motivated receptionist and administrative assistant to be an integral part of our school's team. Please see <https://www.chestertonsje.org/careers> or send an email to [info@chestertonSJE.org](mailto:info@chestertonSJE.org).



**Men, women, young adults** - no experience needed.

Please reach out to Frank Pilk if you think you might be Interested.

**MARRIED COUPLES.** Getting ready for school means lots of time spent on your children. After school begins, why not give yourselves some time together? Make a Worldwide Marriage Encounter Weekend!

For more information or to register, go to [WWME.org](http://WWME.org), click "Apply" and search for "Virginia" or your desired location.

Feel free to contact Mark and Cathy Stangler at 703-378-4150 or [mstang1987@aol.com](mailto:mstang1987@aol.com) with any questions. Here are a few upcoming experiences:

- September 27-29, 2024 - Herndon, VA
- October 11-13, 2024 - College Park, MD
- November 15-17, 2024 - Virginia Beach, VA

20TH SUNDAY IN ORDINARY TIME



# UPCOMING EVENTS



## ADULT FORMATION CHRISTIAN EDUCATION

includes RCIA, offering instruction to unbaptized and non-Catholic persons with an interest in being members of the Catholic faith.

Registration begins this week. Classes resume on Sunday, September 8th.



## ROOM SCHEDULE

<b>Sat</b>	<b>17-Aug</b>	<b>FAITH AND FAMILY DAY</b>	9:00a	E/F
		Confessions	4:00p	Church
		Mass	5:00p	Church
<b>Sun</b>	<b>18-Aug</b>	Confessions	8:30a	St. Joseph's
		Mass	9:00a	St. Joseph's
		Sunday Mass	11:00a	Church
<b>Mon</b>	<b>19-Aug</b>			
<b>Tues</b>	<b>20-Aug</b>	<b>MASS FOR PEACE SERVICE</b>	7:00p	Church
<b>Wed</b>	<b>21-Aug</b>	Mass	9:00a	Church
		Scouts	6:30p	F
		Finance Committee	7:00p	123
<b>Thurs</b>	<b>22-Aug</b>	Mass	9:00a	Church
		Pastoral Council	5:30p	St. Joseph's
		Cursillo	6:00p	123
<b>Fri</b>	<b>23-Aug</b>	Mass	9:00a	Church
		Adoration	9:30a	Church
		Benediction	3:00p	Church
<b>Sat</b>	<b>24-Aug</b>	Baptism	11:00a	Church
		Confessions	4:00p	Church
		Vigil Mass	5:00p	Church
<b>Sun</b>	<b>25-Aug</b>	Confession	8:30a	St. Joseph's
		Mass	9:00a	St. Joseph's
		Mass	11:00a	Church
<b>Room Ledger:</b>		<b>F</b> - St. Francis (Hall)	<b>R</b> - St. Raphael (Church)	
		<b>E</b> - St. Elizabeth (Hall)	<b>M</b> - St. Michael (Church)	
		<b>C</b> - Commons (Church)		

## BIBLE STUDY

### Mondays

1:00 - 2:00pm

Resuming on September 16

### Senior Coffee Social:

**Wednesday, August 28 at 10:00 am**  
in the Commons

We'll welcome guest speaker Denise Gibson. She's an Aging Services Coordinator from the Jefferson Area Board for Aging (JABA).

Copies of the book Beautiful Eucharist free and available at our meeting.

### SPEND AN HOUR WITH JESUS

The Chapel is temporarily closed while we wait for the completion of the repairs. Adoration can be done in the church. You are especially invited to all day adoration in the church on Fridays from 9:30a - 3:00p. Thank you for your patience and understanding.

Contact: Denise Minor - [dminor92@gmail.com](mailto:dminor92@gmail.com)



Did you miss a weekly offering while on summer vacation? eGiving through Faith Direct is the easiest and most convenient way for our parish to receive your weekly offering and other Church Support. eGiving through Faith Direct will also save you time while helping our parish reduce our expenses. And getting started with eGiving is easy.

Sign up today by visiting [faith.direct/VA249](http://faith.direct/VA249), or call their Customer Service team at 866.507.8757.

Thank you for your trusted support of our parish family.



## STS. PETER & PAUL *Religious Store*

**HOURS:**

**SATURDAY**  
3:30 - 4:30pm  
6:00 - 6:45pm

**SUNDAY**  
12:00 - 1:00pm

**T-Shirts**

**\$15**

Don't see the design in the color you want or the size you need....

Custom Orders by Request

[religiousstore@saintspeterpaul.org](mailto:religiousstore@saintspeterpaul.org)

## PARISH TRIP TO FRANCE

April 24 - May 4, 2025

**\$5,449**

The travel agent will be here on Sunday, September 15th after Mass to talk about the trip and answer any questions. Brunch will be served. A detailed brochure will be available in The Commons or at [www.albastours.com](http://www.albastours.com).

### St. Rose of Lima | August 23

Born Isabel Flores de Olivia in April 1586 in Lima, Peru to Spanish colonists, Saint Rose of Lima took the name Rose at her confirmation in 1597. Legend holds that she received this nickname as an infant because a servant saw her face transformed into a rose.

Even as a child Saint Rose was dedicated to Christ. Growing up she made many secret penances. And when she was old enough to be married, deterred suitors by cutting off her hair and rubbing pepper on face to make it blister. She took a vow of chastity even though her parents wished her to marry. She fasted many times a week and permanently abstained from meat.

Eventually her parents gave in and allowed her to join the Third Order of St. Dominic, although she was not permitted to live in a convent. Saint Rose undertook severe penances, allowing herself only two hours of sleep a night in order to have more time to pray, wearing a heavy silver crown with spikes on the inside imitating Christ's crown of thorns, and even burning her own hands. However, she also cared for the sick and hungry, and sold her beautiful embroidery and fine lace, as well as flowers she grew to help raise funds for the poor.

She died at the age of 31 on August 24, 1617. Pope Clement X canonized her in 1671, she was the first saint of the New World, born in the Americas. Saint Rose of Lima is the patron saint of Latin America and the Philippines.

The Catholic Diocese of Richmond is seeking a Safe Environment Specialist to support the Office of Safe Environment. For the full ad and how to apply, please click <https://bit.ly/3zTQ6e1>. For any questions, please contact Kelly Shumate, HR Generalist / Recruiter at [jobs@richmonddiocese.org](mailto:jobs@richmonddiocese.org)

**The Catholic Diocese of Richmond is seeking an Administrative Assistant to support the Office of Black Catholics and the Office of Social Ministry. For the full ad and how to apply, please click <https://bit.ly/45YnnAw>. For any questions, please contact Kelly Shumate, HR Generalist / Recruiter at [jobs@richmonddiocese.org](mailto:jobs@richmonddiocese.org)**

The Catholic Diocese of Richmond is seeking a Coordinator of Campus Ministry to serve the Catholic Campus Ministry at Roanoke College in Salem, VA. For the full ad and how to apply, please click <https://bit.ly/3zMgVAK>. For any questions, please contact Kelly Shumate, HR Generalist / Recruiter at [jobs@richmonddiocese.org](mailto:jobs@richmonddiocese.org)



# Catholic Q & A

## QUESTION:

I've heard that gratitude is a fruit of the Holy Spirit. What does that mean?

## ANSWER:

In St. Paul's letter to the Galatians, he talks about the "fruits of the Holy Spirit." He is referencing an idea that Jesus talks about frequently in the Gospels. "By their fruits you will know them" (Matthew 7:16). He uses the example of a plant. If the plant is healthy, it will bear good fruit. If the plant is unhealthy, it will bear rotten fruit or none at all. Jesus echoes this idea at the Last Supper, when he says that if we remain close to him we will "bear much fruit" (John 15:8). If we allow the Holy Spirit to work in our lives, we will bear the fruits of the Spirit!

Technically, gratitude is not one of the fruits St. Paul lists. "The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control" (Galatians 5:22-23). But doesn't that sound like the response of a grateful heart? When we're grateful, we experience a sense of joy and peace that makes it easier to love. We can be kind, patient, generous, and gentle with others rather than possessive or competitive. When we're grateful, we don't need to grasp at what we don't have. We practice self-control. Gratitude helps us to be faithful, knowing God will always be with us. Sounds like good fruit to me!



## Dedicated to helping you heal

Virtual Support Group for those who have suffered abuse by clergy or lay personnel residing in the Catholic Diocese of Richmond.

We invite you to join the group on the first Wednesday of each month at 7 p.m. These gatherings, led by an independent facilitator, will offer a safe environment for participants to connect, share experiences, support, and heal.

*Spouses and affected community members are also welcome.*

Questions? Email  
[vac@richmonddiocese.org](mailto:vac@richmonddiocese.org)



QR code for joining the virtual support group.

## CALL FOR GOOD SHEPHERDS:

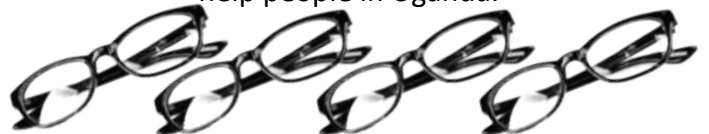
Occasionally we might have a parishioner who needs a temporary helping hand or can no longer drive. Can you make time to help with a ride to a doctor's appointment, church, bank or to the grocery store? This is what the "Good Shepherd" ministry is about. With your name in my call file, you might be asked to be a temporary good Samaritan (Shepherd). To learn more about Good Shepherds ministry, please contact:

**Patricia Travers**

**434-953-5432**

## EYE GLASSES FOR UGANDA

Do you have old eye glasses that aren't helpful any more? Are they just piling up? Wondering what you can do with them? There is a collection box in the entrance of the church to deposit any unused, or even brand new eye glasses, which will help people in Uganda.



## INTROSPECTIVE

### GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

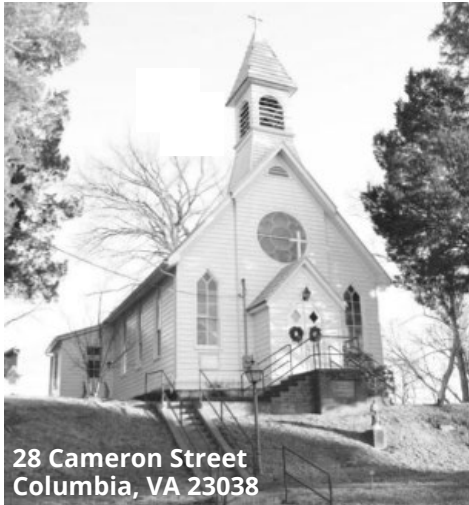
August 18, 2024

20th Sunday in Ordinary Time

A priest I know was asked by a door-to-door evangelist, “Do you believe in Jesus?” He answered, “Yes, I do. But if I may ask you,” he continued, “Where do you experience Jesus’ body and blood?” His interlocutor responded somewhat confusedly, “I don’t. I just believe in him. That’s all that is needed.” Later my priest friend would relate to me, “The more I thought about it, that response struck me as totally inadequate. As human beings, we need to encounter Jesus’ body and blood, not just hear about him and mentally believe. Otherwise, Jesus is just a ghost.”

This week we see this central point as we arrive at the climactic moment of Jesus’ teaching on the Eucharist. Jesus has established the importance of believing in him as the “bread of life come down from heaven.” Belief deeply matters because it leads to a real, bodily encounter with Jesus through eating and drinking. That’s why Jesus emphasizes to an almost outrageous degree the non-metaphorical necessity to “eat my flesh and drink my blood” (John 6:54). The real presence of Jesus’ body and blood — he himself, truly, really, substantially — has been the Church’s treasure since Holy Thursday. Internal belief in the heart and the ritual act of eating and drinking the Eucharist, the Church has stubbornly insisted on both, not just one or the other.

This is not meant to criticize non-Catholic Christians who deeply trust and love Jesus, nor is it a triumphal elitist claim about the Catholic Mass. Rather it is a humble, trusting acknowledgement that God in Jesus comes to us in a way most proper to human beings: in our hearts and our bodies, faith and the Eucharist. — Father John Muir



28 Cameron Street  
Columbia, VA 23038

p: 434.589.5201

e: pastor@saintspeterpaul.org

w:saintjosephcolumbia.org

**PASTOR**, Fr. David Ssentamu | 434.589.5200

**DEACON**, Rev. Mr. Robert Allen | 434.589.0941

#### ADMINISTRATION

#### PASTORAL COUNCIL CHAIR

Debbie Blackburn | 804.815.3732

#### FINANCE COUNCIL CHAIR

Fred Gunnels | 434.960.6092

#### LITURGY & WORSHIP

#### DIRECTOR OF MUSIC

Denny Barberio | 434.981.0678

#### YOUTH MUSIC MINISTER

Sarah Kenney |

#### SACRISTAN

Jennifer Dennis | 804.641.8941

#### USHERS

Marvin Jackson |

Carroll Morse | 434.589.4106

#### LECTORS

Melissa Kenney | 434.589.3416

#### ALTAR SERVERS

Michael Cary | 434.842.3095

Melissa Kenney | 434.589.3416

#### REFRESHMENT COMMITTEE

Danielle Carter-Bledsoe |

#### FORMATION & EDUCATION

#### CCD

Celeste Shapiola | 434.981.1405

#### PRISON MINISTRY

Will Kulick | 540.308.5152

#### KNIGHTS OF COLUMBUS

#### ROUNDTABLE CHAIRMAN

Denny Barberio | 434.981.0678

#### LADIES AUXILIARY

Debbie Blackburn | 804.815.3732

CCD Registration  
Continues through  
August. Classes start  
September 8th.

#### OFFERTORY

AUGUST 4 \$ 1,544

M&R \$ 65

*Thank you for your generosity!*



## PRAYER REQUESTS

Mary Ellen Agolia \* Bradford Barrows \*  
 David Carbocci \* Maria Correa \*  
 Nona Dooley \* Alice Galvez-Sobral \*  
 Mauricio Granados \* Andy Mallory \*  
 India Martin \* Angelica Motta \*  
 Odila Motta \* Oscar Motta \*  
 Thelma Motta \* Denise Pillar \*  
 John Stewart \* Jordan Watkins \*  
 Diane Wolfe \*

If you have pictures or ministry information to be added to St. Joseph's website, please email Melissa at: [kenneymg@gmail.com](mailto:kenneymg@gmail.com)

If you would like to honor a loved one by having a Mass said for them, contact the office at Sts. Peter and Paul at 434.589.5201 to arrange an available date at least 6 months out.



## RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

By Colleen Jurkiewicz Dorman

### THE FULLNESS OF LIFE

Like any other child of the '90s raised by budget-conscious parents, I've spent my fair share of Sunday mornings in line at an Old Country Buffet, hot plate in hand. Kids ate for chump change on Sundays, and I never left that fine establishment without getting our money's worth. I always came away stuffed to the gills. But I never, ever remember feeling satisfied.

In fact, if I recall correctly, most of the time I felt rather empty. I was always thinking about the food I didn't get to eat — whatever I couldn't fit on my plate, or whatever they were bringing out from the kitchen just as we were about to leave.

As I've gotten older, it's a feeling I've encountered again and again, and not just at buffets. Haven't we all? The people you think are perfect reveal themselves to be deeply flawed. The things you want the most are never as satisfying to possess as they are to long for. The experiences you anticipate the most end up being let-downs, when instead it's the ordinary moments — maybe even the hard moments, the painful moments — that stand out, that become cherished memories.

Today's scripture readings equate wisdom and fullness with an acceptance of something that makes no sense, that defies scientific explanation, cultural norms, and even common sense: the Real Presence of our God in the Eucharist.

Is it strange to believe that we are consuming the Body and Blood of Christ in our worship, and that only by doing so will we ever achieve everlasting life?

Perhaps. But we are asked to do many strange things as Christians. We are asked to love when we do not feel like loving, when the object of that love has not earned it. We are asked to forgive even when the recipient of that forgiveness does not seek it or merit it. We are asked to believe, in moments when belief feels impossible.

Socrates says that the only wisdom is in knowing that you know nothing. Perhaps the only spiritual fullness is in knowing that there is only emptiness to be had here in this world, that there is no physical experience or indulgence that can really make you feel satisfied and strong. That the only food that really nourishes you in a way that lasts is a small white Host you can barely taste on your tongue.

"My flesh is true food, and my blood is true drink." — John 6:55

## Men's Cursillo Weekend is Happening Soon!

Do you need a little help staying connected to God? We can help! A **Men's Cursillo Weekend** will be held **Thursday, October 31 (7:00pm) through Sunday, November 3 (5:00pm), 2024, at Camp Overlook near beautiful Keezletown, Virginia.**

**Come walk this journey alongside other Catholic men of all ages and be filled with the JOY Christ offers each one of us. Applications and more about Cursillo are available at [www.valleycursillo.com](http://www.valleycursillo.com).**

**All applicants must have a sponsor. Contact Karen and Roy Norville at 540-246-2371 for more information. *Application deadline is October 8, 2024.***

**State Farm** Auto • Home • Life  
Health • Business  
Gary Albert, CPCU® CLU® ChFC® Agent  
434-296-1222  
insurance@garyalbert.com  
Voted Charlottesville's  
Favorite Insurance Agency  
10 Years in a Row



**WE APPRECIATE OUR ADVERTISERS!**

**LOUNSBURY ROOFING**  
Quality you can look up to!  
Call Chase Today • 434-989-ROOF  
lounsburyroofing.net

**Our Lady of Peace**  
Retirement Community  
Residential • Assisted Living  
Memory Care • Nursing Care



Schedule a visit today!  
**434-973-1155**  
our-lady-of-peace.com  
Sponsored by the Catholic  
Diocese of Richmond.



**goosehead**  
The Mackin Agency  
CALL NOW  
434.589.1447  
mackinagency.com  
Smart, Convenient Insurance  
Home • Auto • Life • Commercial




**Place Your Ad Here and Support our Parish!**  
Instantly create and purchase an ad with

**AD CREATOR STUDIO**




4lpi.com/adcreator

**SUPPORT OUR PARISH**



**ADT-Monitored Home Security**  
Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide

ADT Authorized Provider | SafeStreets  
**833-287-3502**




*Thacker Brothers*  
*Funeral Homes*

SCOTTSVILLE 434-286-2791  
LAKE MONTICELLO 434-589-0920

Family owned funeral and cremation services since 1922

**SUPPORT OUR ADVERTISERS!**

**FREE AD DESIGN**  
with purchase of this space

CALL  
800-477-4574



**SUPPORT OUR PARISH**

Local business ads sponsor the printing of our bulletin.  
4lpi.com/adcreator




**THIS SPACE IS AVAILABLE**

**WE'RE HIRING!**  
AD SALES EXECUTIVES  
BE YOURSELF.  
BRING YOUR PASSION.  
WORK WITH PURPOSE.

- Paid training
- Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community

Contact us at  
careers@4lpi.com or  
www.4lpi.com/careers




**LET'S GROW YOUR BUSINESS**  
Place Your Ad Here and Support Our Parish!

**CONTACT ME**  
Wendy Bond

wbond@4LPi.com • (800) 477-4574 x6420



**NEVER MISS OUR BULLETIN!**

**SUBSCRIBE**

Have our bulletin emailed to you every week.

Visit [www.parishesonline.com](http://www.parishesonline.com)

