

August 11, 2024

*"The Eucharist - Our Life, Our Hope!"*



**STS. PETER & PAUL PARISH**

4309 Thomas Jefferson Parkway  
Palmyra, VA 22963

**OFFICE HOURS**

Monday-Friday 9:00am-3:00pm

**p:** 434.589.5201 parish office

**f:** 434.589.4463

**e:** office@saintspeterpaul.org  
pastor@saintspeterpaul.org  
karen.davidson@saintspeterpaul.org  
religioused@saintspeterpaul.org

**w:** saintspeterpaulpalmyra.org

**OUR VISION**

To expand and strengthen the Christian Community in which the Gospel of Jesus Christ is demonstrated and fulfilled.

**OUR MISSION**

In the spirit of our patron saints and missionaries, we commit ourselves to a pilgrimage of faith through **Evangelization, Sanctification and Social Service ministries.**



**ST. JOSEPH'S**

**SHRINE OF  
ST. KATHARINE DREXEL**

P.O. Box 808

28 Cameron Street  
Columbia, VA 23038

**p:** 434.589.5201

**e:** pastor@saintspeterpaul.org  
**w:** saintjosephcolumbia.org

**MASS SCHEDULE**

**WEEKENDS**

Saturday 5pm: SPP

Sunday 9am: St. Joseph's

11am: SPP

**WEEKDAYS**

Wednesday-Friday 9am: SPP

**HOLY DAYS**

Vigil 7pm: SPP

Holy Day 9am: St. Joseph's

Noon: SPP

**YOUTH MASS**

Last Sunday of the Month

**CONFESSION**

Saturday 4pm: SPP

Sunday 8:30am: St. Joseph's  
(or by appointment)

**HOSPITAL VISITS:**

Call Parish Office  
or Rectory: 434.589.5200

**HOMEBOUND:**

Call Parish Office  
to schedule Communion



**19TH SUNDAY IN ORDINARY TIME**

"This is the bread that comes down from heaven so that one may eat it and not die." - Jn 6:50

**EVANGELIZE**

**SANCTIFY**

**SERVE**

# WELCOME



## ADMINISTRATION

### PASTORAL COUNCIL CHAIR

Doug Mullinex | 434.981.6950

### FINANCE COUNCIL CHAIR

Steve Momper | 434.977.5453

### BUILDINGS AND GROUNDS

Charles Nicholson | 434.365.9712

### CEMETERY

Mandy Tolano | 540.595.7173

### PARISH LIFE

### JUSTICE & PEACE

Mitzi Crane | 434.589.2552

### RESPECT LIFE

Larry Boice | 434.510.7677

### PRISON MINISTRY

Will Kulick | 540.308.5152

### GOOD SHEPHERDS

Patricia Travers | 434.953.5432

### PARISH NURSE

Catherine Heffley | 757.813.1992

## LITURGY & WORSHIP

### DIRECTOR OF MUSIC

Dennis Barberio

### YOUTH MUSIC MINISTER

Townes Mullinex |

### USHERS

Frank Piik | 571.239.3373

### LECTORS

Cynthia Aycock | 434.996.6065

### EXTRAORDINARY MINISTERS

Dianna Campagna | 434.286.3665

### ALTAR SERVERS

Nicole Amato | 434.589.7987

### SACRISTY

Mary Ann Mason | 434.589.6141

### GREETERS

Rose Meyer | 434.589.5018

## EVANGELIZATION & EDUCATION

### CCD/YOUTH GROUP

Celeste Shapiola | 434.589.5201

### RCIA/BIBLE STUDY

Cynthia Aycock | 434.996.6065

## SUPPORTED GROUPS

### CURSILLO

Ellie Henrietta | 434.981.3551

### KNIGHTS OF COLUMBUS

Jim Cullinan | 434.589.4551

### PASTOR

Rev. David M. Ssentamu | 434.589.5200

### DEACON

Rev. Mr. Robert Allen | 434.589.0941

### ADMINISTRATIVE ASSISTANT

Karen Davidson | 434.589.5201

### FAITH FORMATION

Celeste Shapiola | 434.589.5201

### BULLETIN & ANNOUNCEMENTS DEADLINE

Fridays-1 week in advance-In writing to  
[karen.davidson@saintspeterpaul.org](mailto:karen.davidson@saintspeterpaul.org)



Whether you are a visitor,  
new to our parish,  
interested in becoming  
Catholic, seeking to  
return to the practice of  
your faith, or an active  
member of our parish,  
we are pleased that  
you have come.

## READINGS FOR THE WEEK OF AUGUST 11, 2024

Sunday: 1 Kgs 19:4-8/Ps 34:2-3, 4-5, 6-7, 8-9 (9a)/  
Eph 4:30—5:2/Jn 6:41-51

Monday: Ez 1:2-5, 24-28c/Ps 148:1-2, 11-12, 13, 14/Mt 17:22-27

Tuesday: Ez 2:8—3:4/Ps 119:14, 24, 72, 103, 111, 131/  
Mt 18:1-5, 10, 12-14

Wednesday: Ez 9:1-7; 10:18-22/Ps 113:1-2, 3-4, 5-6/Mt 18:15-20

Thursday: Vigil: 1 Chr 15:3-4, 15-16; 16:1-2/Ps 132:6-7, 9-10,  
13-14/1 Cor 15:54b-57/Lk 11:27-28  
Day: Rv 11:19a; 12:1-6a, 10ab/Ps 45:10, 11, 12, 16/  
1 Cor 15:20-27/Lk 1:39-56

Friday: Ez 16:1-15, 60, 63 or 16:59-63/Is 12:2-3, 4bcd, 5-6/  
Mt 19:3-12

Saturday: Ez 18:1-10, 13b, 30-32/Ps 51:12-13, 14-15, 18-19/  
Mt 19:13-15

Next Sunday: Prv 9:1-6/Ps 34:2-3, 10-11, 12-13, 14-15 (9a)/  
Eph 5:15-20/Jn 6:51-58

## OBSERVANCES FOR THE WEEK OF AUGUST 11, 2024

Sunday: 19th Sunday in Ordinary Time

Monday: St. Jane Frances de Chantal, Religious

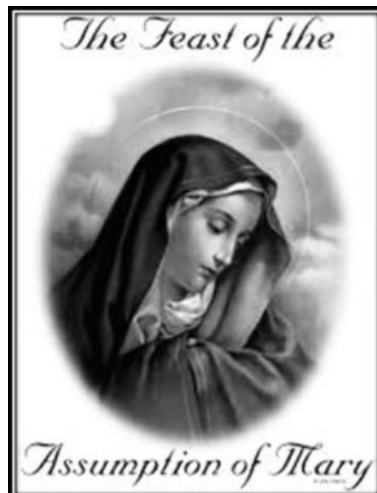
Tuesday: Sts. Pontian, Pope, and Hippolytus, Priest, Martyrs

Wednesday: St. Maximillian Kolbe, Priest and Martyr

Thursday: The Assumption of the Blessed Virgin Mary

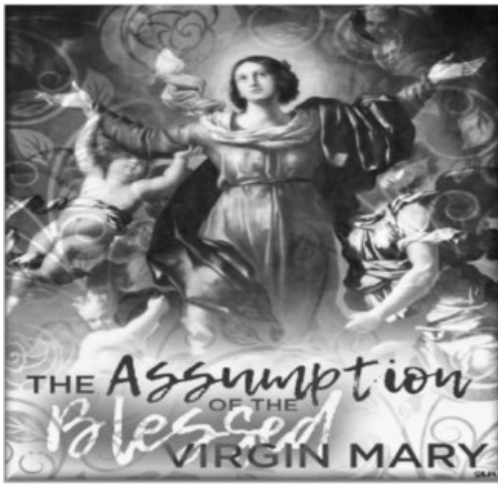
Friday: St. Stephen of Hungary

Saturday: 20th Sunday in Ordinary Time



Place	Date	Time
SPP	Wednesday August 14 <sup>th</sup>	7:00P
SJ	Thursday August 15 <sup>th</sup>	9:00A
SPP	Thursday August 15 <sup>th</sup>	12:00P

This is a Holy Day of obligation



# ENCOUNTER

## **Adoration Chapel repairs - I am looking for \$ 25,000**

Dear Sts. Peter and Paul parishioners and friends,

This summer has proven to be costly by way of repair and maintenance at our beautiful church. Our septic system had not been emptied for a very long time. We had to tend to it at a cost of \$6400. Thanks to the success of our Yard Sale this was paid for out of the general fund.

If you recall, our cash reserve fund was established five years ago for the purpose of addressing emergencies, when they arise. Due to your quarterly donations to this fund, we have some money available to pay for half of our needed repairs. I thank you heartily for your continued generosity towards our cash reserve.

***Will you now help me to raise \$25,000 for the ongoing great work that is being done to our church, and soon to be completed?*** Yes, this had to be done immediately to ensure that we get back to worship in a safe and healthy space. Our Adoration Chapel and all the rooms on that side of the church were in a sorry state whenever it rained; water was finding its way through the foundation making those rooms unsafe to use. Something had to be done, and we did it, and it is soon to be completed, but with a sizable cost to us:

**Grading and Drainage at a cost of \$ 23,500**

**Gutters, Downspouts, sidewalk repair at a cost of \$ 15,500**


**Stucco, carpet and electricity at a cost of \$ 10,500**

You may be aware that in the year 2026, we shall be marking our 40<sup>th</sup> anniversary. Our 40<sup>th</sup> Anniversary Committee has advised me that among other priorities towards that celebration, is renovating and repairing some of our infrastructure. The need to repair the foundation of our church has escalated itself to priority one, and we have timely responded.

I would like to ask you to do your best, like you have always done, and check this item off our list of the things to be done as we move towards our celebration in 2026.

I sincerely thank you for your consideration as I keep you in my prayers.

Fr. David  
Pastor




19<sup>th</sup> Sunday in Ordinary Time  
August 4, 2024

"I will raise him on the last day." Reflect upon the profound promise of the resurrection and what your path to eternal life looks like. Will your path of holiness be as a priest or religious brother or sister? Talk to your priest or reach out to the

Office of Vocations at  
804.359.5661

Or via email:  
[vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org)



# PARISH YOUTH



## Religious Education



### CCD/RCIA REGISTRATION in The Commons

**before and after Mass during the month of August or M - F in the office. Please remember to bring a copy of your child(ren)'s baptismal certificate.**

### SHARING THE GOSPEL

In today's Gospel reading, Jesus compared himself to manna. A long time ago, God's people ate manna in the desert, because there was no food to eat. By sending manna falling from the sky every morning, God taught his people to trust him. Manna tasted good, and it kept them healthy. God took care of them and gave them all they needed. Then, hundreds of years later, God sent Jesus down from heaven, so people could have everlasting life with him.

### PRAYER

*Dear God, thank you for sending Jesus down from heaven so we can look forward to living with you forever in heaven. Amen.*

### JOIN SCOUTING!

Do you have a son or daughter between the ages of 11 and 17? Now is the perfect time to sign him or her up for Scouts. The Scouting program helps youth develop academic skills, self-confidence, ethics, leadership skills and citizenship skills that influence their adult lives.

For more information contact:

Boy Scouts Troop 138 (boys):  
Chuck Palmer

[charleswpalmeriv@gmail.com](mailto:charleswpalmeriv@gmail.com) 571.212.4445

The sacrament of Baptism will normally occur on the 2nd Sunday of the month at the 11:00am Mass. Please contact [religioused@saintspeterpaul.org](mailto:religioused@saintspeterpaul.org) for registration and prep information. The next dates are: **September 15<sup>th</sup>** and **October 13<sup>th</sup>**.

### PUZZLE

Find and circle eight things that are different.



### MISSION

The Hebrews often baked manna into little cakes. Ask your parents if you can make pancakes this weekend, and talk about how Jesus is like manna.

# INTENTIONS

## MASS INTENTIONS: AUGUST 10 - AUGUST 18, 2024

\*REPRESENTS ST. JOSEPH PARISH

Saturday	8/10	5pm	Joe Lodato	D	John Condon
Sunday	8/11	9am*	Misa Pro Populo		
Sunday	8/11	11am	Fr. David	I	Michael & Nancy King
Wednesday	8/14	9am	Jack Bisgrove	D	Marsha Bisgrove
Wednesday-Assumption	8/14	7pm	Jeanette Jones Nesel	D	Michael & Nancy King
Thursday-Assumption	8/15	9am*	George & Mary Poltash	D	Patricia
Thursday-Assumption	8/15	Noon	Eric Ingebretsen	D	Michael & Nancy King
Friday	8/16	9am	Jean Marron	D	Anthony & Patricia Amato
Saturday	8/17	5pm	Barbara Novak	D	Jane Haas
Sunday	8/18	9am*	Johnny S. & Jane Garland	D	Courtney & Shannon Land
Sunday	8/18	11am	Misa Pro Populo		

### REMEMBER IN YOUR PRAYERS

All those who serve our country particularly . . .



Michael Bohtelo, Devon Burger, Gerard Holodak, Sarah and Taylor Graese, Raymond Markle, Connor Dobbins, Katie Marron, Kevin and Kathleen O'Malley, James Fulford, Rhett Hartwell, Andrew Thompson, Luke Marron, Sasha and Lonnie Kuhlow, William Furst, Matt Hendl, Damien LaForenza, Mark Mason, Russ Marron, Christopher McCarthy, Zach Marron, Joe and Sophia Murphy, Josiah Noble, Jose Langoria, Joseph Ayuso, Alex Ostrowski, Adam Warren, and Matthew Reinitz.

**Pray God keeps them in His care.**



**REMEMBER** in your prayers

### PLEASE PRAY FOR THE SICK

Peter & Philomena Alonso, Michael Amato, Jean & Mary Louise Bernard, Sharon Cassidy, Nicole Colley, The Compton Family, Jean Dalsky, Connie D'Amico, Catherine Doherty, Carol Donohue, Samuel Dunton, Me'Shelle Durant, Bill Ellis, Frank Feliciano, Bob Fint, Patricia Golgosky, Mary Anne Grimes, Phyllis Guthrie, John Hobby, Donna Horan, Regina Humanitzki, Tony Inghilleri, Sue Inghilleri, Margaret Johnson, Ron Johnson, Carolyn Kerrigan, Tom Kinter, Marie Knighting, Jackie Kraemer, Judi Kuhlow, Marcia Lagomarsino, Annie Lodato, Zachary W. Mayo II, Art & Judy Menard, Joan Merk, Haynes McKinley Morris, Jr., Irene Nadig, Rose Patterson, Donald Raab, Margaret Reilly, Carol Scampoli, Kathy Seroskie, Carol Starowicz, Marylou Stock, Anna Sturhann, Rob Toepfert, Jr. Cornelia Waters, Mike Waters, and Walter Welham

Please call the office at **434.589.5201** to request homebound or hospital visits.

### KOC 100 CLUB WEEKLY WINNERS FOR JULY:

07/03 - #23 - ANTHONY AMATO

07/10 - #94 - KITTY BRIGGS

07/17 - #37 - BOB TOEPFERT

07/23 - #38 - GEORGE KUHLOW

07/31 - #37 - BOB TOEPFERT

**CONGRATULATIONS TO ALL AND THANKS FOR PLAYING!**

*“My soul proclaims the greatness of the Lord;  
my spirit rejoices in God my Savior  
for he has looked with favor on his lowly servant.  
From this day all generations will call me blessed.”*

— Lk 1:46-48

### CATHOLIC TRIVIA – JUST FOR FUN

Question: Who baptized Jesus?

Answer: His cousin, John the Baptist.

### Parishioner updates:

If you have recently moved, changed your phone number or email, please keep the office informed so you don't miss out on important information.

**Call: 434.589.5201**

**Email: [office@saintspeterpaul.org](mailto:office@saintspeterpaul.org)**

**Come in: 4309 Thomas Jefferson Parkway  
(Parish Hall)**

# EVERDAY STEWARDSHIP

<b>Pew Count</b> Sat. - 110   Sun. - 185	<b>July 27/28</b>
First Offering	\$ 3,294
First Offering: <b>Faith Direct</b>	\$ 2,623
Total	<b>\$ 5,917</b>
<b>JULY - MTD Debt Reduction</b>	<b>\$ 4,362</b>

The Debt Reduction collection occurs at the beginning of each month.

**Our next DEBT REDUCTION Collection is**

**SEPTEMBER 7TH/8TH**

*Thank you and God bless you for your continued support.*

Our next monthly Bake Sale is September 7th/8th after each Mass. Donations accepted before Mass. Thanks!

**OUR BAKE SALES NEED HELPERS!**

- ◆ Bakers are needed to provide baked goods each month.
- ◆ We also need people to sell the goodies at each Mass on the first full weekend of each month.
- ◆ Please contact Sue Scott (434.591.1205) if you are willing to do either/both of these tasks.



**MARRIED COUPLES.** Getting ready for school means lots of time spent on your children. After school begins, why not give yourselves some time together? Make a Worldwide Marriage Encounter Weekend!

For more information or to register, go to [WWME.org](http://WWME.org), click "Apply" and search for "Virginia" or your desired location.

Feel free to contact Mark and Cathy Stangler at 703-378-4150 or [mstang1987@aol.com](mailto:mstang1987@aol.com) with any questions. Here are a few upcoming experiences:

- September 27-29, 2024 - Herndon, VA
- October 11-13, 2024 - College Park, MD
- November 15-17, 2024 - Virginia Beach, VA

**FAITH AND FAMILY FUN DAY**

**When: August 17, 2024**  
**Time: 9:00-12:00**

**Who: All families and Catechists from Saint Joseph/Shrine of Saint Katharine Drexel and Saints Peter and Paul**

**Where: Saints Peter and Paul Parish Hall**

**Happenings: Prayer, family activity, and games**

Please bring a snack to share

**We look forward to seeing you there!**

# UPCOMING EVENTS



## ADULT FORMATION CHRISTIAN EDUCATION

includes RCIA, offering instruction to unbaptized and non-Catholic persons with an interest in being members of the Catholic faith.

Registration begins this week. Classes resume on Sunday, September 8th.



## BIBLE STUDY

### Mondays

1:00 - 2:00pm  
Resuming on  
September 16

## ROOM SCHEDULE

<b>Sat</b>	<b>10-Aug</b>	Scout Car Wash Fundraiser	10:00a	Outside
		Sick & Homebound Ministry Mass	10:00a	Church
		Confessions	4:00p	Church
		Mass	5:00p	Church
<b>Sun</b>	<b>11-Aug</b>	Confessions	8:30a	St. Joseph's
		Mass	9:00a	St. Joseph's
		Sunday Mass	11:00a	Church
<b>Mon</b>	<b>12-Aug</b>	<b>FR. D 18TH ANNIVERSARY ORDINATION MASS</b>	12:00p	Church
<b>Wed</b>	<b>14-Aug</b>	Mass	9:00a	Church
		<b>ASSUMPTION - VIGIL MASS</b>	7:00p	Church
		Scouts	7:00p	F
<b>Thurs</b>	<b>15-Aug</b>	<b>ASSUMPTION - MASS</b>	9:00a	St. Joseph's
		<b>ASSUMPTION - MASS</b>	12:00p	Church
		Cursillo	6:00p	123
<b>Fri</b>	<b>16-Aug</b>	Mass	9:00a	Church
		Adoration	9:30a	Church
		Benediction	3:00p	Church
<b>Sat</b>	<b>17-Aug</b>	<b>FAITH &amp; FAMILY DAY</b>	9:00a	F
		Confessions	4:00p	Church
		Vigil Mass	5:00p	Church
<b>Sun</b>	<b>18-Aug</b>	Confession	8:30a	St. Joseph's
		Mass	9:00a	St. Joseph's
		Mass	11:00a	Church
<b>Room Ledger:</b>		<b>F</b> - St. Francis (Hall)	<b>R</b> - St. Raphael (Church)	
		<b>E</b> - St. Elizabeth (Hall)	<b>M</b> - St. Michael (Church)	
		<b>C</b> - Commons (Church)		

## Senior Coffee Social:

**Wednesday, August 28 at 10:00 am**  
in the Commons

We'll welcome guest speaker Denise Gibson. She's an Aging Services Coordinator from the Jefferson Area Board for Aging (JABA).

Copies of the book Beautiful Eucharist free and available at our meeting.

## SPEND AN HOUR WITH JESUS

The Chapel is temporarily closed while the water leak is investigated. Adoration can be done in the church. You are especially invited to all day adoration in the church on Fridays from 9:30a - 3:00p. Thank you for your patience and understanding.

Contact: Denise Minor -  
[dminor92@gmail.com](mailto:dminor92@gmail.com)



Did you miss a weekly offering while on summer vacation? eGiving through Faith Direct is the easiest and most convenient way for our parish to receive your weekly offering and other Church Support. eGiving through Faith Direct will also save you time while helping our parish reduce our expenses. And getting started with eGiving is easy.

Sign up today by visiting [faith.direct/VA249](http://faith.direct/VA249), or call their Customer Service team at 866.507.8757.

Thank you for your trusted support of our parish family.



**STS. PETER & PAUL** *Religious Store*

**HOURS:**

SATURDAY  
3:30 - 4:30pm  
6:00 - 6:45pm

SUNDAY  
12:00 - 1:00pm

**T-Shirts**

**\$15**

Don't see the design in the color you want or the size you need.....

*Custom Orders by Request*

[religiousstore@saintspeterpaul.org](mailto:religiousstore@saintspeterpaul.org)

**PARISH TRIP TO FRANCE**

**April 24 - May 4, 2025**

**\$5,449**

The travel agent will be here on Sunday, September 15th after Mass to talk about the trip and answer any questions. Brunch will be served. A detailed brochure will be available in The Commons or at [www.albatours.com](http://www.albatours.com).

**THE ASSUMPTION OF THE BLESSED VIRGIN MARY**

Thursday's feast celebrates Mary's Assumption into heaven. It is one of three feasts of Mary that are Holy Days of Obligation for Catholics in the United States. January 1 is the feast of Mary, the Mother of God, and December 8 is the feast of the Immaculate Conception of Mary. The assumption of the Blessed Virgin Mary into heaven has long been held as an important Catholic belief. The belief was not defined as dogma, however, until 1950 by Pope Pius XII. The dogma teaches that Mary, who was without sin, was taken, body and soul, into the glory of heaven.

The Gospel for this holy day recalls Mary's actions after the announcement of Jesus' birth by the Angel Gabriel. Mary goes to visit her cousin Elizabeth who is also with child. Elizabeth greets Mary with full recognition of the roles they and their unborn children will play in God's plan for salvation. Mary responds to Elizabeth's greeting with her song of praise, the Magnificat. Both women recall and echo God's history of showing favor upon the people of Israel. Mary's Magnificat, in particular, echoes the song of praise offered by Hannah, the mother of Samuel.

The Gospel for this day reminds us that Mary's Assumption into heaven is best understood with regard for the full spectrum of Catholic beliefs about the person of Christ and the person of Mary. Only Mary, who was born without stain of original sin—the Immaculate Conception—could give birth to Christ, who is fully God and fully human. This is called the Immaculate Conception. Because of Mary's role in God's plan of salvation, she does not suffer from the effects of sin, which are death and decay. Mary is the first to receive the fullness of the redemption that her son has won for all of humanity. The Church, therefore, recognizes Mary as the sign of the salvation promised to all.

The Gospel highlights Mary's faith. Mary's faith enabled her to recognize the work of God in her people's history and in her own life. Her openness to God allowed God to work through her so that salvation might come to all. Mary is a model and symbol of the Church. May we be like Mary, open and cooperative in God's plan of salvation.

The Catholic Diocese of Richmond is seeking a **Safe Environment Specialist** to support the Office of Safe Environment. For the full ad and how to apply, please click <https://bit.ly/3zTQ6e1>. For any questions, please contact Kelly Shumate, HR Generalist / Recruiter at [jobs@richmonddiocese.org](mailto:jobs@richmonddiocese.org)

The Catholic Diocese of Richmond is seeking an **Administrative Assistant** to support the Office of Black Catholics and the Office of Social Ministry. For the full ad and how to apply, please click <https://bit.ly/45YnnAw>. For any questions, please contact Kelly Shumate, HR Generalist / Recruiter at [jobs@richmonddiocese.org](mailto:jobs@richmonddiocese.org)

The Catholic Diocese of Richmond is seeking a **Coordinator of Campus Ministry** to serve the Catholic Campus Ministry at Roanoke College in Salem, VA. For the full ad and how to apply, please click <https://bit.ly/3zMgVAK>. For any questions, please contact Kelly Shumate, HR Generalist / Recruiter at [jobs@richmonddiocese.org](mailto:jobs@richmonddiocese.org)



# Catholic Q & A

## QUESTION:

I've heard that faith is a theological virtue. What does that mean?

## ANSWER:

To say a virtue is theological means that it comes as a gift from God. St. Thomas Aquinas, a Dominican monk who crafted the famous arguments for the existence of God, wrote: *"This alone is the true knowledge of God: to know that God is beyond knowing."* God is transcendent. This word comes from the Latin "transcendere," meaning "to climb beyond." When something is transcendent, it exists beyond our normal range of experience. Philosopher Peter Kreeft put it simply: *"God is always more."*

While God created us in His image and likeness, too often we re-create Him in ours. We project our deepest hopes, our subliminal fears, and our hidden dreams, and conjure up our own image of what God could be. Yet God can never be limited to our own perception of Him.

That's where faith comes in. We read in the Catechism that *"faith is the theological virtue by which we believe in God and believe all that He has said and revealed to us and all that the Holy Church proposes for our belief"* (CCC 1814). We can know God through reason, to a point. As human beings, we want to know and understand the world around us, but God isn't in the world around us. He's beyond it. The best way to come to know God is not through our own clever mental maneuvering, but through trusting in God's revelation of Himself. We might think we know who God is, but the only way we can have any idea is if we trust, through the virtue of faith, who He has revealed Himself to be.



## Dedicated to helping you heal

Virtual Support Group for those who have suffered abuse by clergy or lay personnel residing in the Catholic Diocese of Richmond.

We invite you to join the group on the first Wednesday of each month at 7 p.m. These gatherings, led by an independent facilitator, will offer a safe environment for participants to connect, share experiences, support, and heal.

*Spouses and affected community members are also welcome.*

Questions? Email  
[vac@richmonddiocese.org](mailto:vac@richmonddiocese.org)



QR code for joining the virtual support group.

## CALL FOR GOOD SHEPHERDS:

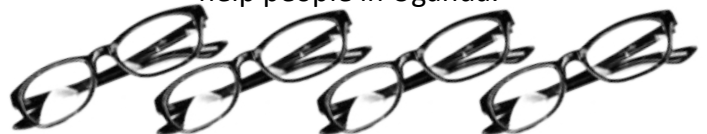
Occasionally we might have a parishioner who needs a temporary helping hand or can no longer drive. Can you make time to help with a ride to a doctor's appointment, church, bank or to the grocery store? This is what the "Good Shepherd" ministry is about. With your name in my call file, you might be asked to be a temporary good Samaritan (Shepherd). To learn more about Good Shepherds ministry, please contact:

**Patricia Travers**

**434-953-5432**

## EYE GLASSES FOR UGANDA

Do you have old eye glasses that aren't helpful any more? Are they just piling up? Wondering what you can do with them? There is a collection box in the entrance of the church to deposit any unused, or even brand new eye glasses, which will help people in Uganda.



# ST. JOSEPH'S Shrine of St. Katharine Drexel

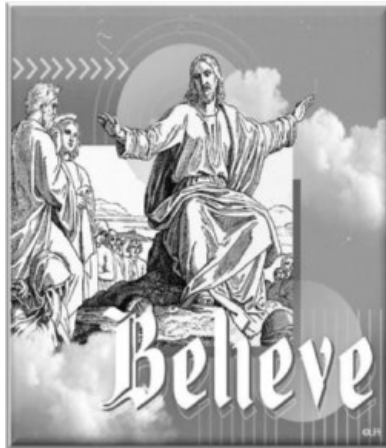
## INTROSPECTIVE

### GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

August 11, 2024

19th Sunday in Ordinary Time

This week we hear Jesus say, "He that believes in me, has eternal life" (John 6:47). These straightforward words, uttered by human lips, sound — how to put this? — insane. Who could possibly say such a thing? Jesus says things that are so high, so demanding, so beyond our capacity to fathom, we hardly know what to do with them and (if you're like me), they usually go in one ear and out the other. So, let us ask: how can believing in him lead to eternal life?

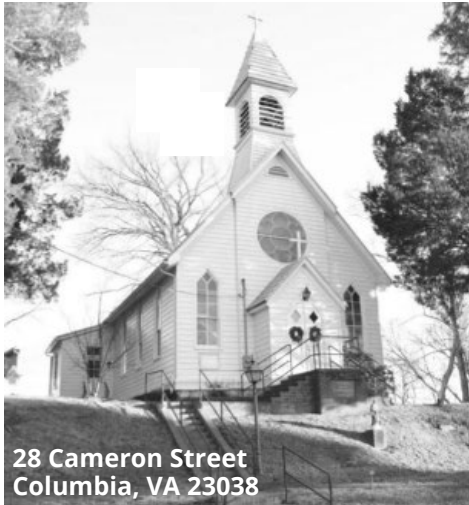


To believe in something means not just to acknowledge its existence, but also to orient yourself entirely to it. If a football player believes in his team, it means he puts his life totally at the service of that goal. If a student believes in her dream to become a doctor, she gives everything she has to her studies and preparation for her MCAT test. Belief means to move boldly toward something we love, and trust is

possible to attain.

What is the highest possible good at which we can aim? It is God himself, the gift of eternal life without end. Jesus has made this "good" possible in and through his human nature. To believe in him means to have him as our ultimate goal. This week let's believe the truth of these words and make practical decisions to orient ourselves toward what we see available in him: **eternal life**.

— Father John Muir



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If you have pictures or ministry information to be added to St. Joseph's website, please email Melissa at: [kenneymg@gmail.com](mailto:kenneymg@gmail.com)

If you would like to honor a loved one by having a Mass said for them, contact the office at Sts. Peter and Paul at 434.589.5201 to arrange an available date at least 6 months out.



## EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

### WHAT'S YOUR HEARTH CAKE?

“Get up and eat, or the journey will be too much for you.” I’ve been to a lot of meetings in my years of work in the Church, and you can take my word for it: the ones with snacks just seem to go better.

I don’t know what it is exactly. Maybe it’s just that people are in a more agreeable mood if you show up with donuts. Or maybe it’s about the very real sense of community and camaraderie that is created at a table where people are engaging in that most human of tasks — eating — beside one another. I think a big part of it comes down to the simple fact that we’re all just nicer people when we’re fed.

This rings true spiritually, too. We simply must remain fed if we, in turn, are to feed others. Think of a time when you have neglected your relationship with God — when you haven’t fed yourself with whatever it is that you need to remain committed to the journey of a Christian life. Is it Mass attendance? Is it prayer or Scripture reading? Is it time with your small group, or conversation with a trusted friend who knows your soul? What sustains your ability to be a good disciple, a good steward? What inspires you to give more freely, to love more abundantly?

Whatever it is, that’s your hearth cake. That’s your jug of water. Don’t neglect it. The Angel of the Lord is nudging you in your sleep: “Get up and eat, or the journey will be too much for you.”  
 — Tracy Earl Welliver, MTS

## Men's Cursillo Weekend is Happening Soon!

Do you need a little help staying connected to God? We can help! A **Men's Cursillo Weekend** will be held **Thursday, October 31 (7:00pm) through Sunday, November 3 (5:00pm), 2024, at Camp Overlook near beautiful Keezletown, Virginia.**

**Come walk this journey alongside other Catholic men of all ages and be filled with the JOY Christ offers each one of us. Applications and more about Cursillo are available at [www.valleycursillo.com](http://www.valleycursillo.com).**

**All applicants must have a sponsor. Contact Karen and Roy Norville at 540-246-2371 for more information. Application deadline is October 8, 2024.**

### PRAYER OF MEMORY

Dear Lord,

Don't let me forget the ways You've fought for me throughout history. You have been in my life in endless ways and words. May these memories comfort and encourage me now and always. Amen.

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