

March 5, 2023

"We are the Eucharistic Church serving the Family of Christ"



STS. PETER & PAUL PARISH

4309 Thomas Jefferson Parkway
Palmyra, VA 22963

OFFICE HOURS

Monday-Friday 9:00am-3:00pm

p: 434.589.5201 parish office

f: 434.589.4463

e: office@saintspeterpaul.org
pastor@saintspeterpaul.org
karen.davidson@saintspeterpaul.org

w: saintspeterpaulpalmyra.org

OUR VISION

To expand and strengthen the Christian Community in which the Gospel of Jesus Christ is demonstrated and fulfilled.

OUR MISSION

In the spirit of our patron saints and missionaries, we commit ourselves to a pilgrimage of faith through Evangelization, Sanctification and Social Service ministries.



ST. JOSEPH'S

SHRINE OF
ST. KATHARINE DREXEL

P.O. Box 808

28 Cameron Street

Columbia, VA 23038

p: 434.842.3970

Celebrating 140 years!

e: pastor@saintspeterpaul.org

MASS SCHEDULE

WEEKENDS

Saturday 5pm: SPP

Sunday 9am: St. Joseph's

11am: SPP

WEEKDAYS

Wednesday-Friday 9am: SPP

Thursdays 5pm: St. Joseph's

HOLY DAYS

Vigil 7pm: SPP

Holy Day 9am: St. Joseph's

Noon: SPP

CONFESSION

Saturday 4pm: SPP

Sunday 8:30 am: St. Joseph's

(or by appointment)

HOSPITAL VISITS:

Call Parish Office

or Rectory: 434.589.5200

HOMEBOUND:

Call Parish Office

to schedule Communion



2ND SUNDAY OF LENT

"This is my beloved Son, with whom I am well pleased;
listen to him." - Mt 17:5b

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

GLP

EVANGELIZE

SANCTIFY

SERVE

WELCOME



ADMINISTRATION

PASTORAL COUNCIL CHAIR

Doug Mullinex | 434.981.6950

FINANCE COUNCIL CHAIR

Steve Momper | 434.977.5453

BUILDINGS AND GROUNDS

Rich Scampoli | 434.326.2151

CEMETERY

Mandy Tolano | 540.595.7173

PARISH LIFE

Pat Amato | 434.589.7811

JUSTICE & PEACE

Mitzi Crane | 434.589.2552

RESPECT LIFE

David Cauffield | 814.525.0594

PRISON MINISTRY

Will Kulick | 540.308.5152

GOOD SHEPHERDS

Frank Feliciano | 434.242.0735

PARISH NURSE

Catherine Heffley | 757.813.1992

LITURGY & WORSHIP

DIRECTOR OF MUSIC

Sid D'Amico | 434.996.4325

USHERS

Frank Pilk | 571.239.3373

LECTORS

Cynthia Aycock | 434.996.6065

EXTRAORDINARY MINISTERS

Dianna Campagna | 434.286.3665

ALTAR SERVERS

Deacon Bob | 434.589.0941

SACRISTY

Mary Ann Mason | 434.589.6141

GREETERS

Rose Meyer | 434.589.5018

EVANGELIZATION & EDUCATION

CCD/YOUTH GROUP

Sr. Madrine Mukaluziga | 434.589.5201

RCIA/BIBLE STUDY

Cynthia Aycock | 434.996.6065

SUPPORTED GROUPS

CURSILLO

Ellie Henrietta | 434.981.3551

KNIGHTS OF COLUMBUS

Doug Mullinex | 434.981.6950

PASTOR

Rev. David M. Ssentamu | 434.589.5200

DEACON

Rev. Mr. Robert Allen | 434.589.0941

ADMINISTRATIVE ASSISTANT

Karen Davidson | 434.589.5201

RECEPTIONIST

Marianne Stewart-Carbocci

FAITH FORMATION

Sr. Madrine Mukaluziga

CUSTODIAN

Deloris Douglas

Whether you are a visitor or new to our parish, interested in becoming Catholic, seeking to return to the practice of your faith, or an active member of our parish, we are pleased that you have come.

BULLETIN & ANNOUNCEMENTS DEADLINE

Fridays-1 week in advance-In writing to

karen.davidson@saintspeterpaul.org

READINGS FOR THE WEEK OF MARCH 5, 2023

Sunday: Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22 (22)/2 Tm 1:8b-10/
Mt 17:1-9

Monday: Dn 9:4b-10/Ps 79:8, 9, 11 and 13/Lk 6:36-38

Tuesday: Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21 and 23/Mt 23:1-12

Wednesday: Jer 18:18-20/Ps 31:5-6, 14, 15-16/Mt 20:17-28

Thursday: Jer 17:5-10/Ps 1:1-2, 3, 4 and 6/Lk 16:19-31

Friday: Gn 37:3-4, 12-13a, 17b-28a/Ps 105:16-17, 18-19, 20-21/
Mt 21:33-43, 45-46

Saturday: Mi 7:14-15, 18-20/Ps 103:1-2, 3-4, 9-10, 11-12/Lk 15:1-3,
11-32

Next Sunday: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/Rom 5:1-2, 5-8/
Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

OBSERVANCES FOR THE WEEK OF MARCH 5, 2023

Sunday: 2nd Sunday of Lent

Monday:

Tuesday: Sts. Perpetua and Felicity, Martyrs

Wednesday: St. John of God, Religious

Thursday: St. Frances of Rome, Religious

Friday:

Saturday:

Next Sunday: 3rd Sunday of Lent, Daylight Saving Time begins

MARCH 2023

HONOR YOUR LOVED ONE WITH A SPECIAL MEMORIAL

BREAD & WINE

Donor

ALTAR FLOWERS

No flowers
during Lent

SANCTUARY CANDLE

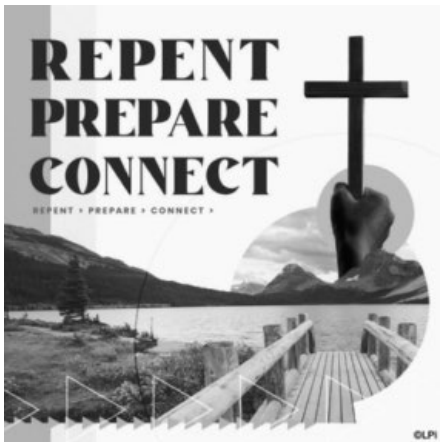
Donor

MEMORIAL

MEMORIAL



Or have a Mass said for a loved one. Contact the office for availability.



SECOND SUNDAY OF LENT

March 5, 2023

"God has called us with a holy calling... according to His own purpose and grace." Do you think God is offering you the grace of a vocation to the priesthood or consecrated life?

Call the Vocations Office to speak with Father Brian Capuano at 804-359-5661

Or write

vocations@richmonddiocese.org



ENCOUNTER

GOSPEL MEDITATION

As a kid I remember looking at my sister and thinking, "No man is ever going to marry her. She is way too...my sister!" I couldn't see her as anything except my goofy, emotional, cooties-laden sister. Years later, on her wedding day, I remember seeing how her husband looked at her, he was totally in love with her, his watery eyes full of overwhelmed joy, drinking in her beauty and grace. He was the one who actually saw her. Blinded by familiarity, I had not been able to see her until now. She was glorious. I finally saw how beautiful my sister really was.

Jesus is transfigured before Peter, James, and John. His face shone like the sun and his clothes dazzle with heavenly light. If it's a miracle, it is so related to the apostles' perception of the Glory of Jesus. The physical spectacle reveals how the Father perceives the Son, so to speak: "This is my beloved Son, with whom I am well-pleased; listen to him." The Son is always bathed in the Father's love. It's only just now that they finally perceive it.

Who could possibly give his or her heart totally to Jesus? If we perceive him to be just another teacher, symbol, or moral example, we can't. But if the Holy Spirit gives us eyes to see that he is the Beloved Son of God, who makes our humanity not just pleasing to God but filled with glory ... then who can resist him? Perhaps only the lovers are the ones who properly see.

Father John Muir

©LPi



Are you interested in learning about The Society of Saint Vincent DePaul and how we can do more to reach out to the poor in our community? The Vincentians will be here to speak briefly before each Mass at Sts. Peter & Paul on March 4th & March 5th.

A more detailed presentation with Q&A will be held later in the month.

In the meantime, follow the link below for additional information:

www.svdp-rvacouncil.org or contact Frank Pilk at fwpilk@me.com.

PARISH YOUTH



It is our pleasure to welcome Sr. Madrine Mukaluziga, LSOSF, to the position of Coordinator of Religious Education and Youth Ministry. Sr. Madrine belongs to the religious congregation of the Little Sisters of St. Francis of Assisi whose Mother house is located at

Nkokonjeru, Mukono in Uganda. Sr. Madrine took her first vows on January 6, 2000 and has worked in many different apostolates as a religious but mainly within health care as an administrator. We are all excited to have her share her gift of faith with us. Please feel free to stop in and say hello to Sr. Madrine. Her door is always open to everyone.



RELIGIOUS EDUCATION CCD CLASSES SUNDAYS AT 9:30AM

Please contact Doug Mullinex with questions.
434-981-6950

SHARE THE GOSPEL

Peter, James and John had walked up the mountain with Jesus. When they got to the top, Jesus looked different. Rays of bright light came from his face. His robes became white. Then a voice from a cloud said, "This is my Son whom I love. In him I am well pleased. Listen to him." The three apostles were scared and fell on the ground and covered their heads with their arms. Then Jesus touched them and said, "Don't be afraid."

PRAYER

Lord, please help me when I am afraid.

SECOND WEEK OF LENT

LIVE THE LITURGY - INSPIRATION FOR THE WEEK

We have been tasked with the awesome responsibility of bearing witness to Jesus transfigured. We have seen what is real. We have heard what is true. Do we have the courage to rise and not be afraid?

©LPi



Our Diocesan World Youth Day 2023 Pilgrimage, offers an exciting experience for Catholic youths everywhere you turn - in the healing waters at Lourdes, on the fields of Fatima where the sun danced, and at the multi-lingual prayer sessions led by Pope Francis.

NEXT ON THE AGENDA:

- ◆ **APRIL 29TH** - INTERNATIONAL NIGHT DINNER
- ◆ **JUNE 3RD** - CAR WASH

For more info, contact: Linda Mangiaracina at:
lmangiaracina@k12albemarle.org

Join Scouting!

Do you have a son or daughter between the ages of 11 and 17? Now is the perfect time to sign him or her up for Scouts. The Scouting program helps youth develop academic skills, self-confidence, ethics, leadership skills and citizenship skills that influence their adult lives.

For more information contact:

Boy Scouts Troop 138 (boys):

Chuck Palmer

charleswpalmeriv@gmail.com 571.212.4445

INTENTIONS

MASS INTENTIONS: MARCH 4 - MARCH 12, 2023

* Represents Saint Joseph's Parish

Day	Date	Mass	For	Status	Requested By
Saturday	3/4	5pm	Misa Pro Populo		
Sunday	3/5	9am*	John Honeywell	D	John & Christine Stewart
Sunday	3/5	11am	Bob Burger	D	Tim & Eileen Monahan
Tuesday	3/7	12noon			
Wednesday	3/8	9am	Larry Eickenhorst	D	Chris Brown
Thursday	3/9	9am			
Thursday	3/9	5pm*			
Friday	3/10	9am	Patrick Mackin	D	The Mackin Agency/Goosehead Insurance
Saturday	3/11	5pm	James Smith	D	Walter & Dorothy Taylor
Sunday	3/12	9am*	Misa Pro Populo		
Sunday	3/12	11am	Bob Burger	D	Bob & Angela Maher

REMEMBER IN YOUR PRAYERS

All those who serve our country particularly . . .



Michael Bohtelo, Devon Burger, Gerard Holodak, Sarah and Taylor Graese, Raymond Markle, Connor Dobbins, Kevin and Kathleen O'Malley, Katie Marron, James Fulford, Rhett Hartwell, Andrew Thompson, Sasha and Lonnie Kuhlrow, William Furst, Matt Hendl, Luke Marron, Damien LaForenza, Mark Mason, Russ Marron, Christopher McCarthy, Zach Marron, Josiah Noble, Jose Langoria, Joseph Ayuso, Alex Ostrowski, Adam Warren, and Matthew Reinitz.

Pray God keeps them in His care.



REMEMBER in your prayers

PLEASE PRAY FOR THE SICK

Michael Amato, Melissa Bowling, Sharon Cassidy, Nicole Colley, The Compton Family, Jean Dalsky, Connie D'Amico, Emily Desgrosiellier, Me'Shelle Durant, Bill Ellis, Patricia Golgosky, Patrick Granville, Bob Griffin, Mary Anne Grimes, Phyllis Guthrie, Jack Hartwell, John Hobby, Regina Humanitzki Tony Ingilleri, Sue Ingilleri, Margaret Johnson, Ron Johnson, Janessa Jones, Carolyn Kerrigan, Tom Kinter, Marie Knighting, Jackie Kraemer, Judi Kuhlrow, Marcia Lagomarsino, Annie & Joe Lodato, Art Menard, Brigid Markle, Joan Merk, Rose Meyer, Irene Nadig, Rosario Nixon, Rose Patterson, Donald Raab, Marc Ramirez, Carol Scampoli, Mary Ellen Scango, Barbara Sipress, Carol & Ted Starowicz, Marylou Stock, Anna Sturhann, Claire van Nierop, Cornelia Waters, and Mike Waters.

Please call the office at **434.589.5201** for homebound or hospital visits.

February

Wedding Anniversaries

Congratulations to the following couples who celebrated their wedding anniversary in February:

Richie and Carol Scampoli - 57 Years

Bill and Connie Porter - 59 Years

Do you have old sneakers you no longer wear? Catholic Health Initiative for Uganda can use them! A box is in the Commons where you can drop them off.

Just sneakers, please!

Catholic Health Initiatives for Uganda is a 501(c) (3) non-profit entity. All donations are tax deductible.

Thank you for your support!

EVERDAY STEWARDSHIP

Pew Count Sat. - 126 Sun. - 189	Feb 25 - 26
First Offering	\$ 3,609
First Offering: Faith Direct	\$ 1,717
Total	\$ 5,326
February MTD Debt Reduction	\$ 4,088

The Debt Reduction collection occurs at the beginning of each month.

Our next DEBT REDUCTION Collection is

THIS WEEKEND

Thank you and God bless you for your continued support.

THE NEXT BAKE SALE IS THIS WEEKEND. BAKED GOODS ARE ACCEPTED BEFORE MASS.



This is a time of year when keeping our new year's resolutions may become challenging, if we even made any. Well, here's an easy new year's resolution to feel good about: streamline your offertory giving and simplify your support for Saints Peter & Paul Church! Now is a great time to stop using checks and envelopes, by switching to eGiving – you can sign up from your computer, smartphone or tablet, and set up a recurring donation or make a one-time gift. Recurring gifts help give our parish a steady, consistent offertory that strengthens the programs, services, and ministries we lead for our church families and for those in need throughout the community.

Sign up today by visiting faith.direct/VA249 or call Faith Direct at 866-507-8757. Thank you for your continued support of our parish family.

God Bless You!

- Visit faith.direct/VA249 or
- Call Faith Direct Customer Service at 866-507-8757

The Long Walk

The walk down from Mount Tabor after the Transfiguration must have been a long one for Peter, James, and John. How differently they must have viewed the world with the eyes that had seen what they had just seen. How uncertain they must have been. I think it's important to remember that, on the mountain, they were amazed, yes — but first, they were afraid. We are given the image of these three grown men — these saints, these giants of salvation history — cowering in fear at the voice of God. It was not until Jesus touched them that they could even bear to look up.

Christ was transfigured on Tabor, but in a way, the disciples were transfigured as well. We are all changed by what we see and what we hear. That change can be hard because knowledge is hard. Truth is hard. Sometimes cowering is easier.

Go forth, God told Abram. I will make of you a great nation. Rise, Christ told his disciples. And do not be afraid.

I spend too much time cowering in fear at the voice of God. I cower even when the voice whispers into my heart instead of booming from the clouds. When it's the start of a hard day or a tough conversation. When it's the middle of a half-finished battle, big or small. When I know where Christ is and what he is asking, but I'm afraid because the walk down the mountain is so long, and the world that awaits me is so uncertain.

“Lord, let your mercy be on us, as we place our trust in you.” — Psalm 33

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UPCOMING EVENTS



ADULT FORMATION CHRISTIAN EDUCATION

AFCE replaces RCIA to offer instruction to unbaptized and non-Catholic persons with interest in being members of the Catholic faith. If you, a spouse or friend wishes to learn more about Catholicism, you may contact the office at 434-589-5201 for more info.

Group meets every Sunday at 9:30am in St. Elizabeth in



the Parish Hall.

ROOM SCHEDULE

Sat	4-Mar	Mass-140th Anniv. Kickoff	11:00a	St. Joseph's
		Pot-Luck Kick-off Luncheon	12:00p	St. Joseph's
		Confession	4:00p	Church
		Vigil Mass	5:00p	Church
		Bake Sale after Mass	6:00p	C
Sun	5-Mar	Confession	8:30a	St. Joseph's
		Mass	9:00a	St. Joseph's
		CCD/Adult Formation	9:30a	Hall/Church
		Mass	11:00a	Church
		Bake Sale after Mass	12:00p	C
		Mass in Spanish	2:00p	St. Joseph's
Mon	6-Mar	Rejoice Bible Study	1:00p	E
		K of C Meeting	7:00p	E/F
Tues	7-Mar	Yoga	11:00a	F
		Mass	12:00p	Church
		Troop Committee	6:30p	122
		Parish Council	7:00p	E
Wed	8-Mar	Mass	9:00a	Church
		Troop 138/1138	7:00p	F
Thurs	9-Mar	Mass	9:00a	Church
		Mass	5:00p	St. Joseph's
		Knights of the Round Table	6:00p	St. Joseph's
		Cursillo	6:00p	123
Fri	10-Mar	Mass	9:00a	Church
		Adoration	10:00a	Church
		Stations of the Cross	12:00p	Church
		Lenten Lunches	12:40p	C
		Benediction	3:00p	Church
		Fish Fry (Eat-in/Drive Thru)	5:30p	E/F
Sat	11-Mar	Confession	4:00p	Church
		Vigil Mass	5:00p	Church
Sun	12-Mar	Confession	8:30a	St. Joseph's
		Mass	9:00a	St. Joseph's
		CCD/Adult Formation	9:30a	Hall/Church
		Mass	11:00a	Church
Room Ledger:		F - St. Francis (Parish Ctr)	R - St. Raphael Church)	
		E - St. Elizabeth (Parish Ctr)	M - St. Michael Church)	
		C - Commons (Church)		



BIBLE STUDY

Bible Study meets each Monday from 1:00pm to 2:00pm
Please join us in Room E in the Parish Hall.

SIGN UP TO SPEND AN HOUR WITH JESUS in the Adoration Chapel

M - Th, 6am - 8pm



The Adoration Chapel Schedule is posted in the vestibule on the wall for all to see. You can choose your own slot.

Contact: Denise Minor
dminor92@gmail.com

Enrollment at Charlottesville Catholic School for the 2023-2024 school year is now open! The application is accessible through our website (cvillecatholic.org) for students eligible for Junior Kindergarten (4 years of age by Sept. 30, 2023) through 8th grade.

Please email admissions@cvillecatholic.org with any questions or to schedule a tour.



Does your marriage need a boost? A Worldwide Marriage Encounter Experience will help you enjoy life with a new closeness to each other and God. You don't need it -- you DESERVE a Marriage Encounter Experience! For more info or to register, go to WWME.org, click "Apply" and search for "Virginia" or your desired location. Feel free to contact Mark and Cathy Stangler at 703-378-4150 or mstang1987@aol.com with questions.

Upcoming Dates:

Mar 31-Apr 2, 2023 in Herndon, VA

September 22-24, 2023 in Herndon, VA

Nov 17-19, 2023 in VIRGINIA BEACH, VA

Early sign up is recommended.



SPRING

Campaign

March 1 - 28

10 - 11AM

A group of parishioners meet at Jefferson Pharmacy at 9am to carpool every Wednesday, leaving promptly at 9am. Parking is available across the street from Planned Parenthood if you want to drive yourself. Contact John Condon (434.509.1246) with questions.



What is it?
A peaceful prayer vigil for the protection of the unborn
Where is it?
2964 Hydraulic Rd,
Charlottesville
In front of Planned Parenthood

FIRST EVER MEMORY ALBUM OF STS. PETER & PAUL CHURCH

Many exciting things are happening as we prepare for our 40th Anniversary, and there is so much history to honor!

In continued preparation for our 2026 Celebration, we invite you to share your special thoughts and memories about Sts. Peter & Paul Church. What is your first recollection? When did you arrive? Who was our Pastor at that time? What significant experiences here hold a special place in your heart?

Our goal is to create an archive of your presence in our parish family for today and for future generations. If you have something to share with us, contact Eileen or Tim Monahan at emttouch@gmail.com.

Thank you for your participation in this fun, and memorable journey!



Is getting closer to God on your bucket list for 2023? We can help! A Women's Cursillo Weekend will be held Thursday,

May 18 (7pm) through Sunday, May 21 (5pm), at

Massanetta Springs Conference Center in

Harrisonburg, VA, and the theme is "Blessed,

Broken, and Shared". Cursillo is a 3-day encounter to

take a "Deeper Dive" into your Spiritual Journey with

other Catholic women and be filled with the Joy Christ

offers each one of us. Applications and more info

about Cursillo will be available at the table in the

Commons next week. Contact Ellie Henrietta

434.589.2552 for more information.

THE APPLICATION DEADLINE IS APRIL 26TH!



THE KNIGHTS' KORNER

UPCOMING EVENT

CHIU Open House

March 18th at 10am, Commons

View photos from the recent trip to Uganda and learn more about what CHIU is planning next.

FRIDAYS

DURING LENT

STATIONS OF THE CROSS

12 Noon followed by

LENTEN LUNCHES

Calling all soup and sandwich makers. The sign-up sheet is posted on the kitchen door. Please sign up for either soup or sandwiches.

Thank you for your help!

For more info, contact:

Pat Amato, 434.589.7811



- Fried or Baked Fish
 - French Fries
 - Hushpuppies
 - Coleslaw
 - Drink
 - Dessert
- 4:30pm-7:00pm

Every Friday During Lent
Take Out Only: 4:30pm - 5:30pm
Eat In & Take Out: 5:30pm - 7:00pm

\$13

Please donate desserts if you can. Contact Doug Mullinex at 434.981.6950



PARISH NURSE NEWS

One of the speakers at our recent Health Promotion event was Katy Kreienbaum, the coordinator of the "Caregiver Center" at Sentara Martha Jefferson Hospital.

Many people are unaware of this new and innovative program which is designed to support all caregivers. The next time you're at SMJ Hospital, go to the gift shop on the main level. Look inside the "caregiver Center", which is towards the back of the gift shop. There you'll find a welcoming place to relax, rest, get information and encouragement. They have trained "caregiver partners" who can listen to your issues, help you navigate the system, show you a selection of booklets to take home, or get a referral to a community resource.

Even when your loved one is at home, you can call them Monday-Friday, 9am-5pm, at 434.654.7991. You can also email Katy Kreienbaum at krkreien@sentara.com.

If you use the UVA Health System, you're still welcome to access this "Caregiver Center" and speak to a counselor.

For more info, email Catherine Heffley, Parish Nurse, at caheffley@aol.com



Lenten coin cans are available to collect loose change. Proceeds will go to rebuild the Cash Reserve. Pick up your family can today! Thank you so much for your continued support!

Yoga instruction is now available at Sts. Peter & Paul,

Tuesdays from 11-12pm in St. Francis; bring a mat.

Contact Renata Miller @ 757.536.8408.

Virginia Department of Veterans' Services

Are you a U.S. Veteran in need of help? Visit the Fluvanna Community Center, 5725 James Madison Hwy by appointment only. Appointments are only available on the first Wednesday of each month from 9am to 11:30am. Call Pamela Zirkle & Jeannette Flint at 434-529-6431 to schedule your appointment.

www.dvs.Virginia.gov

ALL BLESSINGS FLOW

Used Medical Equipment

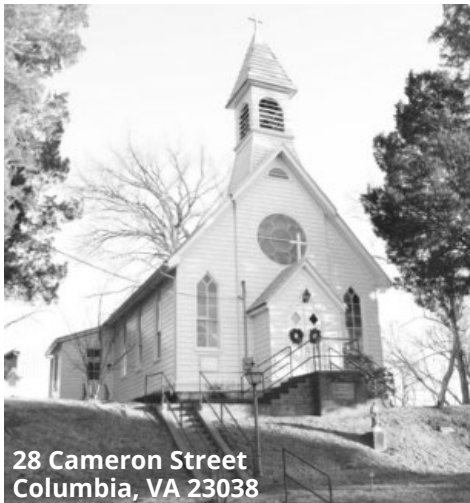
All refurbished medical items are given at no charge, but monetary donations to help with operating expenses are gratefully accepted.

Please visit: www.allblessingsflow.org or Call 434-422-8888

Email: allblessingsflow@yahoo.com



ST. JOSEPH'S Shrine of St. Katharine Drexel



28 Cameron Street
Columbia, VA 23038

p: 434.842.3970

e: pastor@saintspeterpaul.org

w:saintjosephcolumbia.org

PASTOR, Fr. David Ssentamu | 434.589.5200

ASST., Marianne Stewart-Carbocci | 434.589.5201

ADMINISTRATION

PASTORAL COUNCIL CHAIR

Debbie Blackburn | 804.815.3732

FINANCE COUNCIL CHAIR

Fred Gunnels | 434.960.6092

LITURGY & WORSHIP

DIRECTOR OF MUSIC

Denny Barberio | 434.981.0678

REFRESHMENT COMMITTEE

Pat Morse | 434.589.4106

USHERS

Marvin Jackson

Carroll Morse | 434.589.4106

LECTORS

Melissa Kenney | 434.589.3416

ALTAR SERVERS

Michael Cary | 434.842.3095

Melissa Kenney | 434.589.3416

FORMATION & EDUCATION

CCD

Celeste Shapiola | 434.981.1405

PRISON MINISTRY

Will Kulick | 540.308.5152

KNIGHTS OF COLUMBUS

ROUNDTABLE CHAIRMAN

Denny Barberio | 434.981.0678

LADIES AUXILIARY

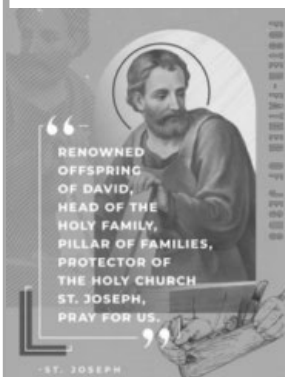
INTROSPECTIVE

Lent always seems to help me renew my relationship with God and strengthen my religious practice. Do you have suggestions as to what one could do to achieve that the rest of the year?

The obvious answer may seem to be to do whatever you do during Lent all year round. But part of the power of Lent is that we focus as a community on renewing our faith and preparing for Easter. Our Lenten practices have a purpose and a goal. Therein lies the secret. When we focus our efforts on one virtue, or try to change one bad habit, or seek to deepen our understanding of one aspect of faith, we focus our efforts and give our full attention to what we are trying to accomplish. We tend to be more successful achieving our goals. More importantly, it has a ripple effect in our lives: one thing changes or is added to the spiritual mix of our lives and many aspects are changed.

All too often we leave our spiritual growth to chance and the practice of faith to habit, and then wonder why we have no sense of growth or progress. Think of it in terms of exercise. We walk, lift weights, bend and stretch to attain the maximum benefit from what we do. In addition, to keep those benefits, we eat healthful food and get enough vitamins and rest. Spirituality requires the same kind of attention: we pray, fast, read the Bible, receive sacraments, and do charitable work to maximize the benefits of practicing faith. Keeping Lent year round keeps us in spiritual shape!

©LPi



Our 140th Anniversary



What a wonderful time to kick off our anniversary celebration as the month of March honors both St. Joseph and St. Katharine Drexel! Each month throughout the year we will recall and learn



more about the roots of our parish and those who made such an impact on where we are now. Stay tuned.....



March Anniversary Celebration

If you are celebrating your wedding anniversary in March and wish to be part of the marriage blessing at Mass on April 2nd, please contact the office by Wednesday, March 22nd.



St. Katharine Drexel

SICK & HOMEBOUND MINISTRY

If you or someone you know is sick or homebound and would like to receive the Eucharist, or if you wish to bring the Host to a sick or homebound person, please contact Deacon Bob. If someone needs to be added to our parish sick list, please fill out the short form on our parish's "Pray for Our Sick" page. If you'd like to join our parish email list to keep up with our parish and the needs of parishioners, please sign up on our website: <http://www.saintjosephcolumbia.org/>

PLEASE PRAY FOR THE SICK

- MaryEllen Agolia * Bradford Barrows *
- Maria Correa * Nona Dooley *
- Alice Galvez-Sobral * Mauricio Granados
- Andy Mallory * Angelica Motta *
- Odila Motta * Oscar Motta *
- Thelma Motta * Denise Pillar *
- Jordan Watkins * Diane Wolfe *



OFFERTORY

February 26th \$419

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Lenten coin cans are available in the parish hall to collect loose change. Your coins will go to our Maintenance and Repair Fund.

Thank you very much for your continued support!



If you have pictures or ministry information to be added to St. Joseph's website, please email Melissa at: kenneymg@gmail.com

If you would like to honor a loved one by having a Mass said for them, contact the office at Sts. Peter and Paul at 434.589.5201 to arrange an available date at least 6 months out.



Upcoming World Youth Day Events

- ◆ **APRIL 29TH - INTERNATIONAL NIGHT DINNER**
- ◆ **JUNE 3RD - CAR WASH**



For info contact:

Melissa Kenney at: kenneymg@gmail.com or

Linda Mangiaracina at: lmangiaracina@k12albemarle.org



During Lent, there are certain regulations relating to abstinence and fasting for Catholics to follow:

- ◆ **Abstinence** - Catholics over 14 years of age are bound to the obligation of abstinence to be observed on Ash Wednesday and on all Fridays of Lent. Meat may not be eaten at all.
- ◆ **Fast** - Catholics over 18 and up to the beginning of their 60th year are bound to fasting on Ash Wednesday and Good Friday. Fasting means eating only one full meal each day. Two other partial meals may be taken; but together they should not equal another full meal. Eating between meals is not permitted.

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