

June 19, 2022



**STS. PETER & PAUL PARISH**

4309 Thomas Jefferson Parkway  
Palmyra, VA 22963

**OFFICE HOURS**

Monday-Friday 9:00am-3:00pm

**p:** 434.589.5201 parish office

**f:** 434.589.4463

**e:** office@saintspeterpaul.org  
pastor@saintspeterpaul.org  
karen.davidson@saintspeterpaul.org

**w:** saintspeterpaulpalmyra.org

**OUR VISION**

To expand and strengthen the Christian Community in which the Gospel of Jesus Christ is demonstrated and fulfilled.

**OUR MISSION**

In the spirit of our patron saints and missionaries, we commit ourselves to a pilgrimage of faith through Evangelization, Sanctification and Social Service ministries.



**ST. JOSEPH'S**

SHRINE OF  
ST. KATHARINE DREXEL

P.O. Box 808

28 Cameron Street  
Columbia, VA 23038

**p:** 434.842.3970

**e:** pastor@saintspeterpaul.org

**MASS SCHEDULE**

**WEEKENDS**

Saturday 5pm: SPP

Sunday 9am: St. Joseph's

11am: SPP

**WEEKDAYS**

Wednesday-Friday 9am: SPP

Thursdays 5pm: St. Joseph's

**HOLY DAYS**

Vigil 7pm: SPP

Holy Day 9am: St. Joseph's

Noon: SPP

**CONFESSION**

Saturday 4pm: SPP

Sunday 8:30 am: St. Joseph's

(or by appointment)

**HOSPITAL VISITS:**

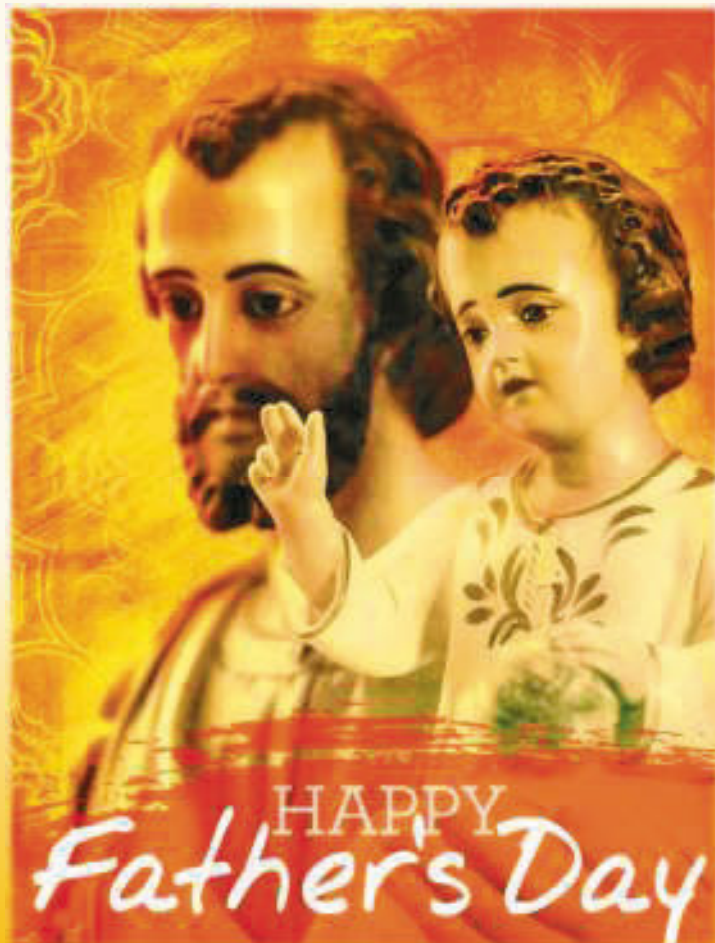
Call Parish Office

or Rectory: 434.589.5200

**HOMEBOUND:**

Call Parish Office

to schedule Communion



**Evangelize**

**Sanctify**

**Serve**

# WELCOME



## ADMINISTRATION

### PASTORAL COUNCIL CHAIR

Doug Mullinex | 434.981.6950

### FINANCE COUNCIL CHAIR

Steve Momper | 434.977.5453

### BUILDINGS AND GROUNDS

Rich Scampoli | 434.326.2151

### CEMETERY

Mandy Tolano | 540.595.7173

### PARISH LIFE

Pat Amato | 434.589.7811

### JUSTICE & PEACE

Mitzi Crane | 434.589.2552

### RESPECT LIFE

David Cauffield | 814.525.0594

### PRISON MINISTRY

Will Kulick | 540.308.5152

### GOOD SHEPHERDS

Frank Feliciano | 434.242.0735

### PARISH NURSE

Catherine Heffley | 757.813.1992

## LITURGY & WORSHIP

### DIRECTOR OF MUSIC

Sid D'Amico | 434.996.4325

### USHERS

Frank Pilk | 571.239.3373

### LECTORS

Cynthia Aycock | 434.996.6065

### EXTRAORDINARY MINISTERS

Veronica Lyttle | 434.589.4010

### ALTAR SERVERS

Deacon Bob | 434.589.0941

### SACRISTY

Mary Ann Mason | 434.589.6141

### GREETERS

Rose Meyer | 434.589.5018

## EVANGELIZATION & EDUCATION

### CCD/YOUTH GROUP

John Verga | 434.315.4496

### RCIA/BIBLE STUDY

Cynthia Aycock | 434.996.6065

## SUPPORTED GROUPS

### CURSILLO

Ellie Henrietta | 434.981.3448

### KNIGHTS OF COLUMBUS

Scott Harrison | 434.964.6853

### PASTOR

Rev. David Martin Ssentamu,  
434.589.5200

### DEACON

Rev. Mr. Robert Allen | 434.589.0941

### ADMINISTRATIVE ASSISTANT

Karen Davidson | 434.589.5201

### RECEPTIONIST

Marianne Stewart-Carbocci

### CUSTODIAN

Patricia Harrison

Whether you are a visitor or new to our parish, interested in becoming Catholic, seeking to return to the practice of your faith, or an active member of our parish, we are pleased that you have come.

### BULLETIN & ANNOUNCEMENTS DEADLINE

Fridays-1 week in advance-In writing to  
[karen.davidson@saintspeterpaul.org](mailto:karen.davidson@saintspeterpaul.org)

## Readings for the week of June 19, 2022

Sunday: Gn 14:18-20/Ps 110:1, 2, 3, 4 [4b]/1 Cor 11:23-26/Lk 9:11b-17  
Monday: 2 Kgs 17:5-8, 13-15a, 18/Ps 60:3, 4-5, 12-13/Mt 7:1-5  
Tuesday: 2 Kgs 19:9b-11, 14-21, 31-35a, 36/Ps 48:2-3ab, 3cd-4, 10-11/  
Mt 7:6, 12-14  
Wednesday: 2 Kgs 22:8-13; 23:1-3/Ps 119:33, 34, 35, 36, 37, 40/Mt 7:15-20  
Thursday: Vigil: Jer 1:4-10/Ps 71:1-2, 3-4a, 5-6ab, 15ab and 17/1 Pt 1:8-12/  
Lk 1:5-17 Day: Is 49:1-6/Ps 139:1b-3, 13-14ab, 14c-15/Acts 13:22-26/Lk 1:57-66, 80  
Friday: Ez 34:11-16/Ps 23:1-3a, 3b-4, 5, 6 [1]/Rom 5:5b-11/Lk 15:3-7  
Saturday: Lam 2:2, 10-14, 18-19/Ps 74:1b-2, 3-5, 6-7, 20-21/Lk 2:41-51  
Next Sunday: 1 Kgs 19:16b, 19-21/Ps 16:1-2, 5, 7-8, 9-10, 11/Gal 5:1, 13-18/  
Lk 9:51-62

## Observances for the week of June 19, 2022

Sunday: The Most Holy Body and Blood of Christ; St. Romuald, Abbot; Father's Day  
Monday:  
Tuesday: St. Aloysius Gonzaga, Religious  
Wednesday: St. Paulinus of Nola, Bishop; Sts. John Fisher, Bishop, and Thomas More, Martyrs  
Thursday: The Nativity of St. John the Baptist  
Friday: The Most Sacred Heart of Jesus  
Saturday: The Immaculate Heart of the Blessed Virgin Mary  
Next Sunday: 13th Sunday in Ordinary Time

## JUNE 2022

### HONOR YOUR LOVED ONE WITH A SPECIAL MEMORIAL

#### BREAD & WINE

Donor

Memorial



#### ALTAR FLOWERS

Donor

Memorial



#### SANCTUARY CANDLE

Donor  
Liz Ciesel

Memorial

Rene & Hank Ciesel



Or have a Mass said for a loved one. Contact the office for availability.



# ENCOUNTER

## CORPUS CHRISTI SUNDAY

**“Do this in remembrance of me.” (1 Cor 11:24-25)**

“Remember.” This was the recommendation put forth by Pope Francis in his homily during the Mass for the Feast of the Most Holy Body and Blood of Christ (‘Corpus Christi’), celebrated Sunday, June 18, 2017. In the pope’s words:

“Today, to each of us, the word of God says, *Remember!* Remembrance of the Lord’s deeds guided and strengthened his people’s journey through the desert; remembering all that the Lord has done for us is the foundation of our own personal history of salvation. Remembrance is essential for faith, as water is for a plant. A plant without water cannot stay alive and bear fruit. Nor can faith, unless it drinks deeply of the memory of all that the Lord has done for us. ‘Remember Jesus Christ’.”

Memory is important, because it allows us to dwell in love, to be mindful, never forgetting who it is who loves us and whom we are called to love in return. Yet nowadays this singular ability that the Lord has given us is greatly weakened. Amid so much frantic activity, many people and events seem to pass in a whirl. We quickly turn the page, looking for novelty while unable to retain memories. Leaving our memories behind and living only for the moment, we risk remaining ever on the surface of things, constantly in flux, without going deeper, without the broader vision that reminds us who we are and where we are going. In this way, our life grows fragmented, and dulled within. To continue in Pope Francis’s words:

“Yet today’s Solemnity reminds us that in our fragmented lives, the Lord comes to meet us with a loving “fragility”, which is the Eucharist. In the Bread of Life, the Lord comes to us, making himself a humble meal that lovingly heals our memory, wounded by life’s frantic pace of life. We recall God’s love for us, which gives us strength and support on our journey. A memory that is both recollection and imitation. The Eucharist is flavored with Jesus’ words and deeds, the taste of his Passion, the fragrance of his Spirit. When we receive it, our hearts are overcome with the certainty of Jesus’ love.

While it consoles, it also encourages. “The Eucharist encourages us,” the Pope said, pointing out, “even on the roughest road, we are not alone; the Lord does not forget us and whenever we turn to him, he restores us with his love.” The Pope concludes his homily with these words on how the Eucharist unites:

“The Eucharist also reminds us that we are not isolated individuals, but *one body*. As the people in the desert gathered the manna that fell from heaven and shared it in their families (cf. Ex 16), so Jesus, the Bread come down from Heaven, calls us together to receive him and to share him with one another. The Eucharist is not a sacrament “for me”; it is the sacrament of the many, who form one body, God’s holy and faithful people. The Eucharist is the *sacrament of unity*. Whoever receives it cannot fail to be a builder of unity, because building unity has become part of his or her “spiritual DNA.”

May this day be a remembrance of the overly perfect Eucharist that brings to us the love and compassion of the Lord in our lives.

## CORPUS CHRISTI

June 19, 2022

**“They all ate and were satisfied.” Are you called to feed his flock as a priest?**

**Call the Vocations Office to speak with Father Brian Capuano at**

**804-359-5661**

**Or write**

[vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org)



# PARISH YOUTH



# Youth Group

*Stay tuned for more  
upcoming events for our Youth.*



## Discipleship Week - August 3-6, 2022

Discipleship Week is a chance for rising 10<sup>th</sup> to 12<sup>th</sup> grade teens from across the diocese who desire to know Jesus better and to live and serve as He did. A high school retreat for those looking for more: more faith in their own lives, more community with Catholic peers and more action to spread the Good News. This week will include growth in personal discipleship through prayer, mentoring and practice training on how to be a Catholic leader who leads from their love of Christ, and being a youth leader at EPIC where these skills are put into practice.

## EPIC 2022

EPIC is a one-day diocesan event for rising 6<sup>th</sup>-8<sup>th</sup> grade youth. This event is intended to be a highly energetic day that is focused on two things:

- (1) Building community and friendships with other middle school youth, and
- (2) Encouraging zeal for our Catholic faith.

Throughout the day, youth will experience everything from inflatables to a service project, relay races to Mass. They will also interact with high school teens who attended Discipleship Week in the days prior to EPIC. At the end of the day, middle school youth will walk away feeling excited about their community and their faith.

Please join us. It is going to be EPIC!

**EPIC is August 6, 2022.**

**Contact John Verga for more information.**

## CONTACT:

[john.verga@saintspeterpaul.org](mailto:john.verga@saintspeterpaul.org)



Join our Diocesan World Youth Day 2023 Pilgrimage, where you will experience excitement for the Catholic faith everywhere you turn - in the healing waters at Lourdes, on the fields of Fatima where the sun danced, and at the multi-lingual prayer sessions led by Pope Francis.

Several fundraising activities are coming soon:

- ◆ Car wash, babysitting, spaghetti dinner, yard sale table, and a basket auction

Look for details to come. . .

For more info, contact: Linda Mangiaracina at:

[lmangiaracina@k12albemarle.org](mailto:lmangiaracina@k12albemarle.org)



## Join Scouting!

Do you have a son or daughter between the ages of 11 and 17? Now is the perfect time to sign him or her up for Scouts. The Scouting program helps youth develop academic skills, self-confidence, ethics, leadership skills and citizenship skills that influence their adult lives.

For more information contact:

Boy Scouts Troop 138 (boys):

**Chuck Palmer**

[charleswpalmeriv@gmail.com](mailto:charleswpalmeriv@gmail.com) 571.212.4445

# INTENTIONS

## MASS INTENTIONS: JUNE 18 - JUNE 26, 2022

\* Represents Saint Joseph's Parish

| Day       | Date | Mass | For                    | Status | Requested By             |
|-----------|------|------|------------------------|--------|--------------------------|
| Saturday  | 6/18 | 5pm  | Dominick Capuano       | D      | Theresa & Jack Ronan     |
| Sunday    | 6/19 | 9am* | Misa Pro Populo        |        |                          |
| Sunday    | 6/19 | 11am | Maggie Gomes           | D      | Kirk & Katie Gomes       |
| Wednesday | 6/22 | 9am  | Esther Kilianski       | D      | Edward Kilianski         |
| Thursday  | 6/23 | 9am  | Janet & George Lechner | D      | Hal & Linda Smith        |
| Thursday  | 6/23 | 5pm* |                        |        |                          |
| Friday    | 6/24 | 9am  |                        |        |                          |
| Saturday  | 6/25 | 5pm  | Barbara Totaro         | D      | Timothy & Eileen Monahan |
| Sunday    | 6/26 | 9am* | Bill Miller            | D      | Fred & Jo Hardy          |
| Sunday    | 6/26 | 11am | Irene Ringlehan        | D      | Royal & Janis Duffy      |

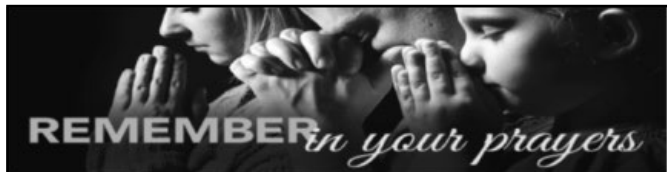
### REMEMBER IN YOUR PRAYERS

All those who serve our country particularly . . .



Michael Bohtelo, Devon Burger, Gerard Holodak, Sarah and Taylor Graese, Raymond Markle, Kevin and Kathleen O'Malley, Katie Marron, James Fulford, Rhett Hartwell, Andrew Thompson, Sasha and Lonnie Kuhlrow, William Furst, Matt Hendl, Luke Marron, Damien LaForenza, Mark Mason, Russ Marron, Christopher McCarthy, Zach Marron, Josiah Noble, Jose Langoria, Joseph Ayuso, Alex Ostrowski, Adam Warren, and Matthew Reinitz.

**Pray God keeps them in His care.**



**REMEMBER** *in your prayers*

### PLEASE PRAY FOR THE SICK

Michael Amato, Melissa Bowling, Doug Caron, Sharon Cassidy, the Compton family, Jean Dalsky, Connie D'Amico, Emily Desgrosiellier, Bill Ellis, Ann Gasparro, Patricia Golgosky, Patrick Granville, Bob Griffin, Mary Anne Grimes, Phyllis Guthrie, Tom Harrison, Jack Hartwell, John Hobby, Margaret Johnson, Ron Johnson, Carolyn Kerrigan, Tom Kinter, Judi Kuhlrow, Jackie Kraemer, Marcia Lagomarsino, Annie & Joe Lodato, Patti Markle, Art Menard, Rose Meyer, John Misorek, Irene Nadig, Rosario Nixon, Rose Patterson, Daryl Perry, Donald Raab, Carol Scampoli, Mary Ellen Scango, Carol & Ted Starowicz, Marylou Stock, Anna Sturhann, Bob Toepfert, Chase Turano, Claire van Nierop, Walter Welham, Cornelia Waters, Mike Waters and Ellen Stoppe Wenger.

Please call the office at **434.589.5201** for homebound or hospital visits.

### FEAST OF CORPUS CHRISTI SUNDAY, JUNE 19, 2022



Come join fellow parishioners in a procession on the Feast of Corpus Christi after the 11 am Mass today. The procession will be around Sts. P&P's parking lot.

There will be music, a period of adoration at the statue of Our Lady of Guadalupe, prayer and benediction back in the Church. Make this a joyful experience for all to see your belief in the "Real Presence."



If you are celebrating your marriage anniversary in June and wish to be part of the Marriage Blessing at Mass on July 2<sup>nd</sup> or 3<sup>rd</sup>, please contact the office by Thursday, June 23<sup>rd</sup>.



# EVERDAY STEWARDSHIP

## OFFERTORY COLLECTION

|   |                   |
|---|-------------------|
| <b>Pew Count*</b><br>Sat. - 90   Sun. - 150 | <b>June 11-12</b> |
| First Offering                              | <b>\$ 2,886</b>   |
| First Offering: <b>Faith Direct</b>         | <b>\$ 1,693</b>   |
| Total                                       | <b>\$ 4,579</b>   |
| <b>June MTD Debt Reduction</b>              | <b>\$ 16,081</b>  |
| <b>Yard Sale (benefits Debt Reduction)</b>  | <b>\$ 11,141</b>  |

The Debt Reduction collection occurs at the beginning of each month.

**Our next DEBT REDUCTION Collection is**

**JULY 2<sup>ND</sup> AND 3<sup>RD</sup>**

*Thank you and God bless you for your continued support.*



Online donations through Faith Direct help sustain our parish ministries and keep our offertory consistent during the busy summer vacation months. If you make the switch today, you'll be giving steady,

consistent support to the parish ministries you care about most in the months ahead - even if you're out of town during summer weekends.

Your recurring gifts will sustain and strengthen our parish. You'll provide us with consistent support that helps us always be at the ready with programs, services, and ministries for our church families and for those in need throughout the community. Sign up today by visiting [faith.direct/VA249](http://faith.direct/VA249). Thank you for your continued support of our parish family.

## EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

### Sacred Vessels

Have you ever paid attention to the purification of the sacred vessels after Holy Communion? If you haven't, I highly recommend doing so this Sunday. See the care with which the priest handles the chalice and the paten, pouring water into them to cleanse any loose particles of the Body and Blood of Christ. Observe the loving reverence he uses in wiping them dry with a special purificator. It's a ritual unto itself, and a powerful moment for reflection.

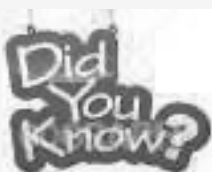
These vessels begin as earthly objects. They are made by human hands. There is nothing special about them — not until they go about the work for which they have been created. Until they contain the Body and Blood of Christ, they are only ordinary objects. But after they have carried within them the Eucharist, they are never the same. They will always be special and deserving of special care.

That's why partaking of the Eucharist is, for us, an evangelical undertaking. It is both a transformation and a declaration. When we accept this tremendous gift, we are proclaiming what we believe, and we are accepting the grace to follow through on that commitment.

When we are receiving the Eucharist, it is not possible for us to be passive. We become the vessel. We carry Christ into the world with us.

But do we act like it? Do we treat ourselves — our bodies, our souls — with the same respect as the priest cleansing the chalice? Do we treat one another with the reverence we would reserve for a sacred object? When we look at another person with anger or irritation or envy, do we acknowledge the change that we have willingly undergone by receiving Christ's Body and Blood into ourselves?

— Tracy Earl Welliver, MTS



- ◆ John the Baptist and Jesus are second cousins.
- ◆ The fire in many images of the Sacred Heart of Jesus represents the transformative power of Divine Love.



# UPCOMING EVENTS



RCIA provides instruction to unbaptized and non-Catholics with interest in becoming full members of the Catholic Church.

If you, a spouse or a friend is interested in learning more about the Catholic faith, direct your inquiries to the office at 434-589-5201.



## ROOM SCHEDULE

|                     |               |                                  |                          |                    |
|---------------------|---------------|----------------------------------|--------------------------|--------------------|
| <b>Sat</b>          | <b>18-Jun</b> | Confession                       | 4:00p                    | Church             |
|                     |               | Vigil Mass                       | 5:00p                    | Church             |
| <b>Sun</b>          | <b>19-Jun</b> | Father's Day Brunch - Troop 138  | 8:00a                    | F                  |
|                     |               | Confession                       | 8:30a                    | St. Joseph's       |
|                     |               | Mass                             | 9:00a                    | St. Joseph's       |
|                     |               | Mass                             | 11:00a                   | Church             |
|                     |               | <b>Corpus Christi Procession</b> | 12:00p                   | Parking Lot        |
| <b>Wed</b>          | <b>22-Jun</b> | Mass                             | 9:00a                    | Church             |
|                     |               | Troop 138                        | 7:00p                    | F                  |
| <b>Thurs</b>        | <b>23-Jun</b> | Mass                             | 9:00a                    | Church             |
|                     |               | Crafters                         | 9:30a                    | M                  |
|                     |               | Mass                             | 5:00p                    | St. Joseph's       |
|                     |               | Cursillo                         | 6:00p                    | 123                |
| <b>Fri</b>          | <b>24-Jun</b> | Mass                             | 9:00a                    | Church             |
|                     |               | Adoration                        | 9:30a                    | Church             |
|                     |               | Benediction                      | 3:00p                    | Church             |
|                     |               | <b>Eucharistic Presentation</b>  | 7:00p                    | F                  |
| <b>Sat</b>          | <b>25-Jun</b> | Confession                       | 4:00p                    | Church             |
|                     |               | Vigil Mass                       | 5:00p                    | Church             |
| <b>Sun</b>          | <b>26-Jun</b> | Confession                       | 8:30a                    | St. Joseph's       |
|                     |               | Mass                             | 9:00a                    | St. Joseph's       |
|                     |               | Mass                             | 11:00a                   | Church             |
|                     |               | <b>Parish Picnic</b>             | 12:30p                   | Behind Parish Hall |
| <b>Room Ledger:</b> |               | F - St. Francis (Parish Ctr)     | R - St. Raphael (Church) |                    |
|                     |               | E - St. Elizabeth (Parish Ctr)   | M - St. Michael (Church) |                    |
|                     |               | FB - Facebook                    | C - Commons (Church)     |                    |
|                     |               | FUMA-Fork Union Military Academy |                          |                    |



**SIGN UP  
TO SPEND AN HOUR WITH  
JESUS  
in the Adoration Chapel  
M - Th, 6am - 8pm**

Contact: Denise Minor  
[dminor92@gmail.com](mailto:dminor92@gmail.com)

### GENERATE DONATIONS

#### ALL YEAR WHILE SHOPPING THROUGH AMAZON

Whenever you shop deals at [smile.amazon.com](https://smile.amazon.com), Amazon will donate a portion of its proceeds to **Sts. Peter and Paul Church.**

Here's how: <https://smile.amazon.com/ch/54-1570812>





*Year of the Eucharist  
Sts. Peter and Paul Church*

The Year of the Eucharist coincides with the beginning of the three-year Eucharistic Revival project proposed by the United States Conference of Catholic Bishops. The Eucharist, with its many facets, will be the focus of our attention with special emphasis on believing, celebrating, adoring and living the Eucharistic mystery.

*Please join us in sharing the new  
"Exploring the Eucharist Exhibit"*

*in the Invitation Room (formerly St. Raphael room).*

Here we hope you find inspiration to move us all closer to the Eucharist in our daily lives.

*The second edition of "Reflection on the Eucharist" entitled, "Invitation of the Eucharist" is now available.*

**Please join us on June 24<sup>th</sup> from 7:00pm-8:30pm in the Parish Hall as we welcome our guest speaker, Carolyn Holcomb, celebrate the Year of the Eucharist in an evening of fellowship and reflection.**

Light refreshments will follow.

**Sunday, June 26, 2022**

**Parish Picnic**

***Immediately following Mass  
behind the Parish Hall***



**Bring a lawn chair and we will have food, games, and great fellowship. If you'd like to help out, please contact Doug Mullinex at 434.981.6950.**



**PARISH COUNCIL ELECTIONS**

**Are you interested in helping our Parish progress and live out its motto to Evangelize, Sanctify and Serve?**

**We are looking for a few good people to serve on Parish Council. If you are interested, please contact Doug Mullinex or another member of Parish Council: Frank Pilk, Cynthia Aycock, Janet Forster or Joe Amato.**

**Elections will be held soon. You could make a difference. Please consider helping with this important ministry.**

Thank you for your prayerful consideration.

**FIRST EVER MEMORY ALBUM  
OF STS. PETER & PAUL CHURCH**

Many exciting things are happening as we prepare for our 40th Anniversary, and there is so much history to honor!

In continued preparation for our 2026 Celebration, we invite you to share your special thoughts and memories about Sts. Peter & Paul Church. What is your first recollection? When did you arrive? Who was our Pastor at that time? What significant experiences here hold a special place in your heart?

Our goal is to create an archive of your presence in our parish family for today and for future generations. If you have something to share with us, please contact Eileen or Tim Monahan at [emttouch@gmail.com](mailto:emttouch@gmail.com).

Thank you for your participation in this fun, memorable journey!





## SAVE THE DATE



HOPETREE  
FAMILY SERVICES

FOSTER CARE



Hope Tree Family Services is conducting information sessions during June and July. Please prayerfully consider how you may support families and youth in need within our community.

Please email

[Dejene.Youngel@hopetreefs.org](mailto:Dejene.Youngel@hopetreefs.org)

to RSVP for a date below:

Thursday, June 23rd at 6:30pm (In-person)

Thursday, July 14th at 6:30pm (Virtual)

Thursday, July 21st at 12:00pm (Virtual)

Thursday, July 28th at 6:30pm (In person)

## Sunday, September 11, 2022

### Sts. Peter & Paul Annual Golf Tournament & Awards Dinner

## \$75

12pm - Registration/Practice;

1pm SHOTGUN start (18 holes)

Where: Lake Monticello Golf Course

Awards Dinner following at St. Francis Hall

Dinner is Open to All - Golfers & Non-Golfers  
alike.

Forms are available in the Commons.

Contact **Cynthia Aycock**  
to volunteer or for more  
information at **434.996.6065**

## DISC GOLF

FREE to play

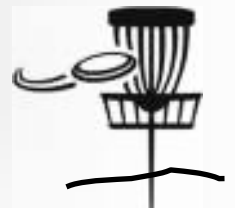
When: *Saturday, July 16th at 8:30am*  
or *Saturday, July 23rd at 8:30am*

Where: Pleasant Grove Park (not the Dog Park)

- ⇒ Enter Pleasant Grove and take the first RIGHT
- ⇒ Go around the soccer fields and pass the playground
- ⇒ Take a left after the playground. This is below the baseball field and where you park your car to play Disc Golf.

What to bring:

- ⇒ Yourself
- ⇒ Water
- ⇒ Shoes you can hike in
- ⇒ Bug spray
- ⇒ An attitude to just have fun!



Note: You can come to try Disc Golf, to learn about it, or just hike with a group through the woods around the course. Discs will be provided.



### MARRIAGE IS A JOURNEY!!

Give your marriage a well deserved vacation. Plan to go on a Worldwide Marriage Encounter Experience and come back with a marriage that is refreshed and full of energy! Our next experience is:

**Sept. 23-25, 2022 at Crowne Plaza, Reston, VA**

Early sign up is recommended.

For more information visit our website at:

<https://renewmarriage-vasouth.org/>

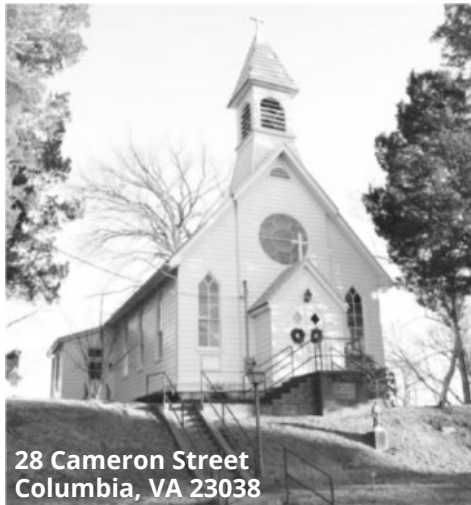
Feel free to contact Mark & Cathy Stangler at 703-378-4150 or [mstang1987@aol.com](mailto:mstang1987@aol.com) with questions



### PARISH NURSE NEWS:

Catherine Heffley, R.N. is available to meet with parishioners to discuss a health goal or issue. Please call 757.813.1992 and leave a message.

She will return your call to set up a time to meet. Feel free to ask for a Blood Pressure check. If you are homebound, she can bring you the Eucharist.



28 Cameron Street  
Columbia, VA 23038

p: 434.842.3970  
e: pastor@saintspeterpaul.org  
w: saintjosephcolumbia.org

**PASTOR**, Fr. David Ssentamu | 434.589.5200  
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### PRISON MINISTRY

Will Kulick | 540.308.5152

### KNIGHTS OF COLUMBUS

### ROUNDTABLE CHAIRMAN

Denny Barberio | 434.981.0678

### LADIES AUXILIARY

## INTROSPECTIVE

### GOSPEL MEDITATION

## The Most Holy Body and Blood of Christ

Jesus went to those most in need. He forgave the sinner, ate with the outcast, defended, and fed those who were poor and hungry. He worked for true justice, risked being unpopular, willingly accepted suffering and death, and always stayed connected with his Abba, Father. Jesus also consistently reminded folks that God's compassion, love, and mercy trump everything, even the law. This is the Christ that the Eucharist calls us to be. As we look around our churches, our towns and cities, and our world, there are many people who need to see the face and body of Christ. Some of those most in need may be right within our families. But it is always in the poorest of the poor and those most vulnerable that we find the greatest need. There are many who cannot function on their own. When the gift of the Eucharistic Christ takes root in our hearts, we can more readily see the face of Christ in others.

Many people are vulnerable. Highest on that list are the homeless. They show us the face of Christ. Whatever the cause, to have no place to go and no place to call home takes a toll on the human spirit. For Jesus when there were hungry people, they were fed. God asks us to do the same ... feed people. There are many who are hungry physically, emotionally, and spiritually. Gifted by the Eucharistic presence of Christ, we can bring them Christ. Who are the hungry around us and how can we feed them?

When someone is hurting, you comfort them. When someone is hungry, you feed them. When someone needs clothes, you provide them. When someone is cold, you warm them. When someone is in prison, you visit them. With over a million people who are homeless and over a quarter of them children, it is important to ask the question, "why?" and strategize for ways to lessen or alleviate the problem. Nevertheless, we are not off the hook for responding to the immediate needs that present themselves at our doors. Whether a person's current station in life is self-imposed or the result of being victimized, they are sacred vessels. We cannot lock the door and send them away and still believe we bear the Eucharistic presence of Christ. It doesn't work like that.

©LPi



Congratulations and best wishes to Confirmand Michael Dennis! May the grace of God's world, the guidance of His hand and the loving wisdom of His words fill your heart and light your way now and forever.



St. Katharine Drexel

### PLEASE PRAY FOR THE SICK

- MaryEllen Agolia \* Bradford Barrows \*
- Maria Correa \* Nona Dooley \*
- Alice Galvez-Sobral \* Jane Garland \*
- Mauricio Granados \* Andy Mallory \*
- India Martin \* Pat Morse \* Angelica Motta \*
- Odila Motta \* Oscar Motta \*
- Thelma Motta \* Denise Pillar \*
- Jordan Watkins \* Diane Wolfe \*

If you or anyone you know is homebound or needs to be added to our parish sick list, please fill out the short form on our parish's "Pray for Our Sick" page. If you'd like to join our parish email list to keep up with our parish and the needs of our parishioners, please sign up on our parish website:

<http://www.saintjosephcolumbia.org/>



### LIVE THE LITURGY

#### INSPIRATION FOR THE WEEK

Good dietitians will remind us that we are not only the product of what we eat but the disciplines we undertake.

Many people spend a great deal of time and effort eating a healthy diet, getting a sufficient amount of rest, and regular exercise. Experts tell us that attending to these increases our chances for a longer life. While this is certainly a worthy pursuit, is our earthly life really the one that requires the most attention and effort?

Faith kicks in to remind us that we are meant to live forever with God. Hence, isn't it our eternal destiny that requires most of our effort and attention? The food and nourishment we need to achieve this goal and fine tune our souls for this promised inheritance are the Body and Blood of Christ. Only this heavenly sustenance will unite us with God and our brothers and sisters, strengthen us to do what the Gospel asks us to do and prepare us for life eternal.

Through the discipline of prayer, our desire to receive our Lord is deepened. It is this yearning, above anything else, that we want clearly seen and front and center when we close our eyes in death. God loves us so much that he gave us his only begotten Son. Let us rush to receive him!

#### SHARE THE GOSPEL

Jesus told his friend to give a whole crowd of people something to eat. All they had was a little fish and bread. How could they possibly feed all those people with so little food? God gave them what they needed to help other people. When you want to help other people, trust God to give you what your need.

#### PRAYER

*Dear God, with your power I can really help other people.*



#### OFFERTORY COLLECTION\*

June 12<sup>th</sup> \$ 315

Thank you for your generous support!

If you have pictures or ministry information to add to St. Joseph's website, please email Melissa at:

[kenneymg@gmail.com](mailto:kenneymg@gmail.com)

#### CCD



CCD classes meet each Sunday after Mass.

Registration forms are available in the Parish Hall. For more info, please contact Celeste Shapiola.  
[cshapiola@yahoo.com](mailto:cshapiola@yahoo.com)  
or call 434-981-1405



*June*

#### *Wedding Anniversaries*

If you are celebrating your marriage anniversary in June and wish to be part of the Marriage Blessing at Mass on July 2<sup>nd</sup> or 3<sup>rd</sup>, please contact the office by Thursday, June 23<sup>rd</sup>.



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